



# CANadda Newsletter



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## Chairperson

**Mrs Debbie Marshall**

 I hope you have all been enjoying this lovely weather we have all been having lets hope it stay nice through the summer.

Lots going on this month, our next support meeting is on Monday the 16th of May come along for a social chat or join in and play some games. You may like to have a go at the Drama therapy or come along and watch me having a go at the Drama therapy, that must be worth seeing!



On Friday the 20th of May we are having a coffee morning and Mr Stephen Phillips CANadda's MP will be joining us at 11am and on the Saturday 21st of May I will be raising money for CANadda and Strut at the WMC, we are having a Table Top Sale if you would like to come along and support this that will be fantastic.

There is a March in London on the Wednesday the 11th of May, the March is about the spending cuts on disabled people as well as the London protest, there will also be an [Online Protest](#). Numbers count, so please get involved in any way you can.



Don't forget to join our twitter or visit our blog page regularly to get all the up to date news and information about CANadda or what else is happening in the world on ASD, Dyslexia, Dyspraxia and ADHD etc.

I look forward to seeing you all soon at one of our up coming events.

*Vidimo se uskoro*

## Support Meeting Date

16th May 2011—Games and Social Chat.

20th June 2011—Games and Social Chat.

18th July 2011—Games and Social Chat.

15th August 2011—NO MEETING.

19th September 2011—AGM Meeting.

## Dramatherapy

16th May 2011—Liz Merrick

20th June 2011—Liz Merrick

18th July 2011—Liz Merrick

Washingborough Methodist Church

Lincoln Rd, Washingborough, LN4 1AT

**7pm – 9pm**

Refreshments available at a small charge.

## Social Events For Your Diary

20th May 2011 — FREE Coffee morning 10am start and Stephen Phillips MP 11am at the Washingborough Methodist Church.



## TABLE TOP SALE

Washingborough Methodist Church

SATURDAY 21st May

10am—12pm Entrance FREE



CANadda



## A Special Thank You To

David Harris for his kind donation.



## FREE COFFEE MORNING

with MR STEPHEN PHILLIPS MP



Come to our FREE coffee morning on Friday the 20th May at 10am to 12pm. You will also have a chance to meet Mr Stephen Phillips MP at 11am and ask him questions about the benefit reform.

Please don't waste this opportunity come and find out how the benefit reform will affect you. Don't sit at home moaning, come and have a coffee and meet our MP and let him know your story. Be proactive tell the MP what's on your mind. If you have a question?..... come and ask it.....Will I lose my benefits? Will I lose my home?

You may like to just come along for a coffee and meet other members and hear what they have to say.

Venue: Methodist Church, Lincoln Rd, Washingborough, LN4 1AT.

# Autism Spectrum Disorder

## Wrong Planet

<http://www.wrongplanet.net/forums.html>

## Young Bonobo

[Young bonobo may be expressing symptoms of autism – Boing Boing](#)

## Dyslexia

THEO PAPHITIS: BRANDED LAZY AT SCHOOL BUT I WAS DYSLEXIC <http://www.express.co.uk/posts/view/240124/Theo-Paphitis-Branded-lazy-at-school-but-i-was-dyslexic>

Support For Children <http://www.dyslexiaaction.org.uk/support-for-children>

## Dyspraxia

### Dyspraxia in the Workplace

Help and guidance for job seekers and employees

<http://www.danda.org.uk/pages/neuro-diversity/dyspraxia-in-the-workplace-for-employees.php>

# ADD/ADHD

## Western Diet and ADHD

<http://www.addandadhd.co.uk/western-diet-adhd.html>

## Untreated ADHD and Crime

<http://www.addandadhd.co.uk/untreated-adhd-crime.html>

**Fight the cuts to disability benefits**

## The Hardest Hit

Our rights, our independence, our lives

The Hardest Hit website is now up and running at <http://www.hardesthit.org.uk> giving details of the cuts; some stories from disabled people and their families; and three key actions for individuals:

On Wednesday May 11th thousands of disabled people, their families and supporters from all over the country will come together to protest with one voice outside the Houses of Parliament and make their feelings known about the impact of spending cuts on disabled people. The day of protest, organised by UKDPC and major disability organisations, will send a strong and powerful message to the Government and you're invited to join us.

# CANadda Support Meeting

16th May 2011

## Socialising, playing games or Drama therapy

Come along and join in a game or two, you may prefer to come just for the social chat. or you may like to have a private chat with me (Debbie Marshall). You may like to come and join in the Drama therapy instead.



Everyone is welcome.

This is not counselling or any form of therapy.



## Famous Quotes

I think it's fair to say that personal computers have become the most empowering tool we've ever created. They're tools of communication, they're tools of creativity, and they can be shaped by their user.

Success is a lousy teacher. It seduces smart people into thinking they can't lose.

People always fear change. People feared electricity when it was invented, didn't they? People feared coal, they feared gas-powered engines... There will always be ignorance, and ignorance leads to fear. But with time, people will come to accept their silicon masters.

Bill Gates—Aspergers, ADD, Dyslexia and Dyscalculia



I am looking at whether social anxiety and phobia is higher in those with an Autistic Spectrum Disorder or in those who haven't. If you would like to take part the web link is <http://www.surveymonkey.com/s/2Z5K8SD> and the password is ASD.

## Did you know?

Part of the service we offer to our members is that we can help you fill in forms, help with writing your letters and CV's or any correspondence that you have difficulty with.



This service is offered at our monthly support meetings, to guarantee we will be free to help you, please make a prior arrangement.