



# CANadda Newsletter



September 2011

Issue 25

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## *Chairperson Mrs Debbie Marshall*

I can't believe it has been two years since I first started CANadda up. On looking back it has been hard work but very rewarding. CANadda as a team have achieved loads and we look forward to continue supporting our members and anyone that contacts us.

CANadda has got lots of events and projects that are coming up over the next few months as we are going from strength to strength.

Please be aware on the 11th of September there is a change of venue for CANadda. We will now be attending the Tesco Community Fair instead of the Summer Gala. We attended the Tesco Community Fair last year and will had a wonderful day, it is worth coming along and supporting this event.



The support meeting on the 19th of September is our AGM meeting, please come along as you will find out everything we have been up to over the last year and the Carers Federation will be there, they are an Independent Complaints Advocacy Service, supporting your voice in the NHS.



Lincoln Autism Conference — 15th November 2011.

### Fundraising / Social Events For Your Diary

**11th September** - Tesco Community Fair, Wragby Road, Lincoln. CANadda has a stall at this event, please come along and support us.



**28th September**—Bowling at Washingborough, 11am £2.30 per person. Lunch and drinks are extra.



**October**—Chocololics—Catalogues will be available for you to make an order and buy those special Christmas presents etc. or support us by buying some raffle tickets.



**19th November**—Craft Fayre, Community Centre, Washingborough 11am. CANadda will be there to raise funds.



**21st November**—Party and Social Event.



## Support Meeting Date

**19th September 2011**—AGM Meeting 7pm and at 7:30pm the Carers Federation.

**17th October 2011**— Holistic Approach To OCD & ASD, Andrew Cox a Therapist & Herbalist.

**21st November 2011**— Party £1 per person this includes food and drinks . There will be a raffle, everyone wins a prize.

**19th December 2011**—NO Meeting.

Lincoln Rd, Washingborough, LN4 1AT

**7pm - 9pm** Refreshments available at a small charge.

**ADD/ADHD Awareness Week**  
**18th—25th September 2011**

**Dyspraxia Awareness Week**  
**24th - 30th September 2011**

**Dyslexia Awareness Week**  
**31st October 2011 -**  
**6th November 2011**



### Fundraising / Social Events For Your Diary

(The events below are funds being raised for CANadda and Kids Strut)



**24th September**—Table Top Sale, The Washingborough Methodist Church 10am, Free entry. Contact CANadda for more information.

**1st October**— Charity Ball, wear your Wedding Dress again. Please note you do not have to wear your wedding dress but the men do have to wear black ties. For more information contact: Emma: 07506 408606 or Chris: 07505 540001, website: [www.wearyourweddingdressagain.org](http://www.wearyourweddingdressagain.org)

# Autism Spectrum Disorder

**Oaasis**—Office for Advice, Assistance, Support and Information on Special needs <http://www.oaasis.co.uk/Home>

Empathy enhanced by magnetic stimulation of the brain <http://www.newscientist.com/article/mg21128274.300-empathy-enhanced-by-magnetic-stimulation-of-the-brain.html?> -

## Dyslexia / Dyscalculia

Dyslexia Treatment and Migraine Treatment – Tinted coloured glasses <http://migraine-dyslexia.com/video.htm>

Dyslexia Lincolnshire Blog [www.dyslexialincolnshire.blogspot.com/#s-b-c](http://www.dyslexialincolnshire.blogspot.com/#s-b-c)

Dyslexia News <http://www.medicalnewstoday.com/sections/dyslexia/>

Dyscalculia Forum News <http://www.dyscalculiaforum.com/news.php?rowstart=5>

## ADD/ADHD

Social Skills and Social Acceptance for ADD / ADHD Children [www.additudemag.com/adhdblogs/11/8977.html](http://www.additudemag.com/adhdblogs/11/8977.html)

Is it ADHD/ADD or Are We Just Overloaded? [www.huffingtonpost.com/stephanie-sarkis-phd/adhd-add-misdiagnosis\\_b\\_914921.html](http://www.huffingtonpost.com/stephanie-sarkis-phd/adhd-add-misdiagnosis_b_914921.html)

Children With ADHD Taking Part In [http://medicbest.com/mednews/alternative/news\\_2011-07-09-22-48-03-450.html](http://medicbest.com/mednews/alternative/news_2011-07-09-22-48-03-450.html) **New Brain Study**

ADHD, Autism May Share Genetic Link <http://psychcentral.com/news/2011/08/11/adhd-autism-may-share-genetic-link/28528.html>

Split views on ADHD's effect in adulthood <http://www.latimes.com/health/la-he-adhd-adults-20110813,0,970187.story>

Girls And Women With ADHD Have Higher Rates of Anorexia Nervosa <http://adultaddstrengths.com/2011/08/15/girls-and-women-with-adhd-have-higher-rates-of-anorexia-nervosa-here-are-some-reasons-why/>

Writing problems common in kids with ADHD <http://www.reuters.com/article/2011/08/22/us-writing-problems-adhd-idUSTRE77L6QG20110822>

“Concerta” Now Licensed for (some) Adults <http://aadduk.org/2011/07/28/concerta-now-licensed-for-some-adults/>

## CANadda Support Meeting

19th September 2011 at 7pm.

### AGM Meeting and Carers Federation



Everyone is welcome.

This is not counselling or any form of therapy.



**Famous Aperger's Syndrome Quotes**

"Polite conversation has never been one of my strong points. Just recently I actually found out that I'd got a mild form of Asperger's syndrome which basically means I have trouble interacting with people. For years, I couldn't understand why people thought I was arrogant, but now it all makes more sense." Gary Numan



(Source Buncombe, Andrew (8 January 2007). ["Asperger's syndrome: The ballad of Nikki Bacharach"](#). *The Independent* (London). Retrieved 3 May 2010.)

## Lincolnshire Autism Awareness Rally 2011

Lincolnshire Showground 24th—26th October

Arts & Crafts—Drama—Story time—Sports—Activities

**Guest Speakers - Information Stands - Stalls**

**Campers & Day Passes (All Children FREE)**

**Electric hook ups for all campers, including FREE breakfast bar.**

Info email [ingalllynn@yahoo.com](mailto:ingalllynn@yahoo.com)—07904 941389

## Welcome to The Gift of Learning!

A small, friendly, family run business, selling learning aids and resources for children with special educational needs.

Our aim is to provide fun, affordable products for parents and carers of children who find learning difficult, for whatever reason, be it, dyslexia, dyspraxia, dyscalculia, autism, ADHD, Aspergers, anxiety or any other barrier to learning.

1 in 5 children suffer with some sort of special educational need so the chances are at least a handful of your friends will be grateful to receive it! [www.thegiftoflearning.co.uk](http://www.thegiftoflearning.co.uk)

## Dyspraxia / Dysgraphia