



# CANadda Newsletter



November 2011

Issue 27

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## Chairperson Mrs Debbie Marshall

I am very proud to announce that we are bringing to Lincolnshire the Neurodiversity Alert Card and Wristband. This is for adults and children with ASD, ADHD, Dyslexia and Dyspraxia. This is in line with the Autism Alert Card that is already being produced in the rest of the country. As soon as I have the stationery back from the printers I will be able to start this scheme. We have been lucky enough to get funding from the National Lottery for this project.



I attended the Lincolnshire Autism Rally last week. If you didn't go, myself and my children had a wonderful time even if it was windy and it rained but that didn't matter as the day time/evening entertainment was all inside. I am looking forward to attending next year.

Andrew Cox a Therapist & Herbalist attended our last support meeting. He did a talk about a Holistic Approach to OCD and ASD. Everyone attending the meeting found it all very interesting. If you want to find out more telephone Andrew on 01522 532986.

If you want to find out any latest information we do have a blog, twitter or The CANadda Daily <http://paper.li/LincolnCANadda/1315676728>. We also have Facebook now, if you want to sign up to CANadda's page the link is <http://www.facebook.com/pages/Canadda/166789403408997?sk=wall>



Our next meeting is on the 21st of November at 7pm this will be our last meeting this year. This is a good opportunity to come along and have a chat with me or other members about anything you like. Please note that I am having a couple of morning support meetings next year instead of them all being evening to give people that can't make the evening meetings a chance to attend.

**HUGE THANK YOU**—CANadda owes a huge THANK YOU to Chris for having the charity ball "Wear your wedding dress again". Chris has raised CANadda a lot of money. I, Debbie Marshall and Faye Johnson attended this ball and we had a brilliant time.

*Tesekkürler*

## Support Meeting Date

**21st November 2011 (7pm)** — Year End Get Together £1 per person this includes food and drinks. There will also be a raffle, everyone wins a prize.

**19th December 2011** — NO Meeting.

**16th January 2012 (7pm)** - Games / Social.

**20th February 2012 (10:30am)** - Speaker Geoff Evans – What Works.

**19th March 2012 (7pm)** Lesley Chester Hate Crime Awareness.

**April 2012**— No Meeting.

Lincoln Rd, Washingborough, LN4 1AT

Refreshments available at a small charge.

## Tony Attwood

The PAACT support group are delighted to announce that they have booked Tony Attwood a speaker and author of, 'The Complete Guide to Asperger's Syndrome,' to do a one-day conference at Lincoln University on the **19th May 2012**. Further details will follow.

## ALL TOGETHER DIFFERENT

Anti Bullying Week

14<sup>th</sup> – 18<sup>th</sup> November 2011



'Stop and think— words can hurt'

## LINCOLN 10K

I Debbie Marshall will be running the Lincoln 10K Sunday 25th of March 2012. If anyone would like to join me and help raise money for CANadda please email me. You don't have to run, you can walk it.



## Fundraising / Social Events For Your Diary

**19th November**—Craft Fayre, Community Centre, Washingborough 11am. CANadda will be there to raise funds.



**21st November**—Year End Get Together.



## Table Top

Saturday 26th November 2011 Venue: Washingborough Methodist Church 10am raising money for CANadda.

# Autism Spectrum Disorder

Could Airway Abnormality Point to Autism? <http://health.usnews.com/health-news/family-health/brain-and-behavior/articles/2011/10/24/could-airway-abnormality-point-to-autism>

Straight Talk About Asperger Syndrome <http://www.paulcoojmans.com/asperger/>

## Dyslexia / Dyscalculia

Easy Read (Oxford Learning Solutions)

<http://news.dyslexia.tv/2011/10/21/forgotten-letters-by-dyslexics-just-in-time-for-dyslexia-awareness-week-london-oct31-to-nov-6th-2011.aspx>

Free Thinkers University

<http://dyslexia.tv/freethinkersu/index.htm>

INPP Intervention

<http://www.inpp.org.uk/intervention-adults-children>

INPP Publications

<http://www.inpp.org.uk/research-publications/books-publications/audio-video/>

Centre for Neuroscience in Education University of Cambridge

<http://www.cne.psychol.cam.ac.uk/>

Assistive Tech

<http://www.dyscalculia.org/math-ld-books/ld-tools-software>

## Dyspraxia / Dysgraphia

# ADD/ADHD

Lindsay Lohan ADHD?

<http://blog.chron.com/adhdcoach/2011/10/is-lindsay-lohan-adhd/>

Is ADHD ruining your marriage?

<http://www.emaxhealth.com/8782/dr-oz-show-adhd-ruining-your-marriage>

Kids daytime wetting linked to ADHD.

<http://www.reuters.com/article/2011/10/21/us-wetting-adhd-idUSTRE79K65O20111021>

Who notes the note-takers? – Mind Mapping

<http://oxfordstudent.com/2011/10/23/who-notes-the-note-takers-2/>

## CANadDa Support Meeting

21st November 2011 at 7pm.

Year End Get Together / Raffle



£1 per person this includes food and drink

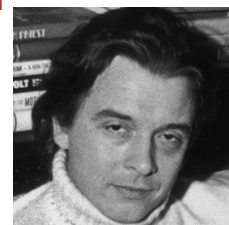
Everyone is welcome.



### Famous Dypraxic Quote

At school David was made to feel stupid due to his clumsiness and his problems with spelling and writing. He was told that he was only fit for sweeping roads by his teachers but years on he is a famous photographer who takes photos of famous people such as The Beatles, The Rolling Stones, Razorlight, Kaiser Chiefs etc. All this proves is that dyspraxia is not barrier to success.

David Bailey  
Photographer



### The Same, but Different

A presentation by Ruth Harvey

Ruth Harvey is a 31 year old woman. Diagnosed with Asperger Syndrome. A double graduate and successful professional, her presentation 'The Same, but Different' tells her story of growing up without a diagnosis and her reasons for seeking diagnosis as an adult. Gain insight into the difficulties presented by Asperger's and why it makes life be the same but different.

For presentation enquiries or for individualised consultancy call: 07414 578574 or email: [ruth.harvey@yahoo.co.uk](mailto:ruth.harvey@yahoo.co.uk)

### The 13th Lincoln Autism Conference

Tuesday 15th November 2011

From 9:15am—3pm

At Branston Hall Hotel, Branston, nr Lincoln LN4 1PD

The main Speakers will be:

Geoff Evans

'Practical Strategies For Reducing Stress & Anxiety'

And

Michael McCreadie

'Sensory and Perceptual Differences in Autism'

For more information contact Carol Bentley

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