



CANadda Newsletter



December 2011

Issue 28

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Chairperson

Mrs Debbie Marshall



On behalf of CANadda I would like to wish you a very Merry Christmas and a happy new year!

Our Neurodiversity Alert Card and Wristband will be starting soon. This will be FREE to adults and children. This has been done in line with the Autism Alert Card and we will be working with the police and emergency services.

Some fantastic news to share with you all, I have been invited onto a committee by the Lincolnshire NHS for the Equality Delivery System (EDS). This is a new group and it is for adults that have a condition or a disability. Part of what I am helping the NHS with is the lack of services that are not delivered which will give me an opportunity to say how the services should be delivered. The NHS are also looking at doing some raising awareness. I have also been asked to help with training and workshops.

Please be aware there is no support meeting on the 19th of December. But we do have a good line up with our support meetings in the new year. Thank you to everyone that has been attending our support meetings this year and to everyone that have been supporting me and I look forward to continue the hard work that I and the committee do on behalf of CANadda.

Merry Christmas

PLEASE HELP and SUPPORT

One of CANadda's members

One of CANadda's members has just started up a shop via ebay called Collecters Heaven and she is selling things for Christmas like calendars, diaries and more all cheaper than the shops.

She also sells TV, Film, Sport and Music Collectables e.g. JLS, Coronation St Elvis, Star Trek, Dr Who and Star Wars etc.



Support Meeting Date

19th December 2011 — NO Meeting.

16th January 2012 (7pm) - Games / Social.

20th February 2012 (10:30am) - Speaker Geoff Evans – What Works.

19th March 2012 (7pm) Lesley Chester Hate Crime Awareness.

April 2012— No Meeting.

Lincoln Rd, Washingborough, LN4 1AT

Refreshments available at a small charge.

HUGE THANK YOU

To everyone that have been supporting CANadda by sending your coupon's out of the Lincolnshire Echo to us. If you get the Echo please ensure you keep sending them in, everyone counts, thank you.

Send To:

CANadda
Washingborough Methodist Church
Lincoln Road
Washingborough
LN4 1AT.



LINCOLN 10K

I Debbie Marshall will be running the Lincoln 10K Sunday 25th of March 2012. If anyone would like to join me and help raise money for CANadda please email me. You don't have to run, you can walk it.



Autism Spectrum Disorder

Boys with some types of autism have bigger brains than peers

<http://www.dailymail.co.uk/health/article-2067509/Boys-certain-types-autism-bigger-brains-peers.html?ito=email-healthnewsletter-20111129>

PDA (Pathological demand avoidance syndrome) <http://www.autism.org.uk/ru/about-autism/related-conditions/pda-pathological-demand-avoidance-syndrome.aspx?gclid=COz0xD0yavCFUtC4Qodhh5PrA>

Dyslexia / Dyscalculia

Scotopic Sensitivity Syndrome <http://www.helpforlearning.org/MainPageLinks/ScotopicSensitivitySyndrome.html>

Dyslexia Facebook <http://www.facebook.com/people/Dyslexia-Neurodiversity/100001918917964>

Skill Booster
<http://www.skillboosters.co.uk/products/skillboosters-video-clip-collection/>

The make-up of Neuro-Diversity
<http://www.danda.org.uk/pages/neuro-diversity.php>

Dyspraxia / Dysgraphia

I was like a bull in a china shop as a child... now I know why: How a daughter's diagnosis with dyspraxia solved a life-long mystery
<http://www.dailymail.co.uk/health/article-2054789/I-like-bull-china-shop-child--I-know-How-daughters-diagnosis-dyspraxia-solved-life-long-mystery.html?ITO=1490>

How parents can collaborate with therapists to help a child with dyspraxia <http://www.helium.com/items/2126351-how-parents-can-collaborate-with-therapists-to-help-a-child-with-dyspraxia>

ADD/ADHD

Circadian rhythms vary in attention deficit hyperactivity disorder
<http://www.dailyrx.com/news-article/circadian-rhythms-vary-attention-deficit-hyperactivity-disorder-16220.html>

Basal Ganglia Studies and Attention Deficit Hyperactivity Disorder (ADHD) <http://www.decodedscience.com/basal-ganglia-studies-and-attention-deficit-hyperactivity-disorder-adhd/6074>

Functional brain pathways disrupted in kids with ADHD <http://www.health24.com/news/ADHD/1-4639,71765.asp>

CANadda Support Meeting



19th December 2011

NO MEETING



Famous Aspergers Quote

She is an art student and American fashion model. Heather is best known for being a contestant of America's Next Top Model, where she was the fourth runner-up of the show. During the show, it was revealed that Kuzmich has Asperger syndrome and ADHD. Kuzmich was diagnosed with Asperger syndrome when she was fifteen years old Heather signed to the women's division of Elite Model Management in Chicago and Hong Kong She has also appeared on the cover and inside of Spectrum Magazine, a magazine for families and individuals who have autism. Heather Kuzmich - Fashion Model (born 19 April 1986)



The 9th Lincolnshire Autism Conference

Thursday March 22nd 2012

The Embassy Centre Skegness

Enabling Access to Learning in the Classroom and Developing Social Skills.

Professionals: £55, Parents, Carers: £20 and T/A's £30

A Buffet Lunch and tea/coffee are included in the price

Contact: Anne.tait@lincolnshire.gov.uk Contact number: 01427 787178 / 07826 859097

Professor Tony Attwood

PAACT Conference
Saturday 19th May 2012,
9.00am – 4.30pm
EMMTEC Lecture Theatre,
Lincoln University



Managing feelings: Cognitive Behaviour Therapy to manage anxiety, sadness and anger

Cognitive abilities: a different way of thinking and learning profile

Professor Tony Attwood is a clinical psychologist who has specialised in autism spectrum disorders since he qualified as a clinical psychologist in England in 1975. He works in private practice in Brisbane, but is also adjunct professor at Griffith University, Queensland. His book *Asperger's Syndrome – A Guide for Parents and Professionals* has sold over 350,000 copies and has been translated into over twenty languages. He has worked with over 6,000 individuals of all ages with Asperger's syndrome or an Autism Spectrum Disorder