



# CANadda Newsletter



January 2012

Issue 29

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## *Chairperson*

*Mrs Debbie Marshall*

HAPPY NEW YEAR TO YOU ALL. I hope you all have had an excellent Christmas but I am sure some of you wish that Christmas doesn't even exist.

I am so delighted to still be a part of CANadda as we have got lots to look forward to this year and there are plenty of things going on behind the scenes. I will keep you informed of anything of interest that is happening.

Our Neurodiversity Alert Card and Wristband has started. To get your FREE Alert Card / Wristband please see our information which will be on the web site soon for more details. The Alert Card / Wristband for an adult or a child who has a condition like ASD, ADHD, Dyslexia and Dyspraxia. This has been done in line with the Autism Alert Card and we will be working with the police and emergency services.

If you are interested in coming along to CANadda's support meeting on the 20th of February to listen to Geoff Evans 'What Works' there are still seats available but please be aware you will need to book due to limited spaces left.

I look forward to seeing some of you at our next support meeting in January which is on Monday the 16th at 7pm.

# HAPPY NEW YEAR

## Personal Independence Payments (PIP)

Personal Independence Payments (PIP). From 2013 the Government is proposing to introduce a new benefit called Personal Independence Payment for eligible working age people aged 16 to 64 to replace Disability Living Allowance (DLA).

The intention is that Personal Independence Payment will focus support to those individuals who experience the greatest challenges to remaining independent and leading full, active and independent lives.

Disability Living Allowance was introduced in 1992 and has not been fundamentally reviewed or reformed since. There is confusion about the purpose of the benefit, it is complex to claim and there is no systematic way of checking that awards remain correct.

<http://www.dwp.gov.uk/policy/disability/personal-independence-payment/>

## Support Meeting Dates 2012

**16th January (7pm)** - Games / Social.

**20th February (10:30am)** - Speaker Geoff Evans – What Works .

**19th March (7pm)** Lesley Chester Hate Crime Awareness.

**April** — No Meeting.

**21st May (7pm)** Peter Ludlow

**18th June (7pm)** Games / Social.

**16th July (7pm)** Games / Social.

**August**—No Meeting.

**17th September (7pm)** ADHD

**15th October (10:30am)** Games / Social.

Lincoln Rd, Washingborough, LN4 1AT

Refreshments available at a small charge.

## BAD WEATHER

Due to the bad weather please always check your emails before leaving for one of our support meetings in case we have to cancel.



## PLEASE HELP AND SUPPORT

Karl, who is one of CANadda's members, has recently opened a store in Lincoln Central Market, he is selling Circus, Magic, Kites, products which includes Juggling, Yo-Yos, Power Kites and much more.

Karl has ADHD and he finds the above items very relaxing and rewarding which also helps with his concentration. Please support Karl and go and say hi when passing.

Lincoln Central Market / Mon—Fri 9-4

Email Karl on—[LincolnAiR@hotmail.co.uk](mailto:LincolnAiR@hotmail.co.uk)

# Autism Spectrum Disorder

Autistic boy tied in duffel bag: <http://www.guardian.co.uk/world/2011/dec/27/autistic-boy-duffel-bag-kentucky>

Father creates assistive communication app for iPad: <http://hamptonroads.com/2011/12/chesapeake-father-creates-app-navigate-autism>

The importance of neurodiversity: <http://www.shiftjournal.com/2011/12/01/seeing-the-best-in-every-child-the-importance-of-neurodiversity/>

## Dyslexia / Dyscalculia

Dyslexia <http://en.wikipedia.org/wiki/Dyslexia>

Maths for the left and right brain [http://uk.ixl.com/promo?gclid=CMC4c\\_Tr60CFUhrfAodhFdTnQ&phrase=dyscalculia&partner=google](http://uk.ixl.com/promo?gclid=CMC4c_Tr60CFUhrfAodhFdTnQ&phrase=dyscalculia&partner=google)

## Dyspraxia / Dysgraphia

What is dyspraxia? [http://www.bbc.co.uk/health/physical\\_health/conditions/dyspraxia2.shtml](http://www.bbc.co.uk/health/physical_health/conditions/dyspraxia2.shtml)

Learning Difficulties: Everything For Dysgraphia! [http://www.dyslexiaa2z.com/learning\\_difficulties/dysgraphia/dysgraphia.html](http://www.dyslexiaa2z.com/learning_difficulties/dysgraphia/dysgraphia.html)

# ADD/ADHD

Staff receiving ADHD training <http://www.thisislincolnshire.co.uk/Staff-receiving-ADHD-training/story-14267675-detail/story.html>

When ADHD and Anxiety Occur Together <http://psychcentral.com/lib/2011/when-adhd-and-anxiety-occur-together/>

### COUNTY NEWS

CANadda was in the winter 2011 County New . Hopefully you got to see CANadda , if not it was about our FREE ID alert cards and wristbands.

## CANadda Support Meeting

16th January 2012

Playing Games or Social Chat

Everyone is welcome.



This is not counselling or any form of therapy.



### Famous Dyslexic Quote

"My childhood was extremely lonely. I was dyslexic and lots of kids made fun of me. That experience made me tough inside, because you learn to quietly accept ridicule."

**Tom Cruise**  
Film Actor



Tom Cruise latest film "Mission: Impossible - Ghost Protocol" is expected to easily beat its rivals in the race to No. 1 at box offices over the Christmas holiday weekend.



### HUGE THANK YOU

To everyone that have been supporting CANadda by sending your coupon's out of the Lincolnshire Echo to us.



### LINCOLN 10K

I Debbie Marshall will be running the Lincoln 10K Sunday 25th of March 2012. If anyone would like to join me and help raise money for CANadda please email me. You don't have to run, you can walk it.



### The 9th Lincolnshire Autism Conference

Thursday March 22nd 2012

The Embassy Centre Skegness

Enabling Access to Learning in the Classroom and Developing Social Skills.

Professionals: £55, Parents, Carers: £20 and T/A's £30

A Buffet Lunch and tea/coffee are included in the price

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