



# CANadda Newsletter



March 2012

Issue 31

Tel: 01522 716899

Web Site: [www.canadda.org.uk](http://www.canadda.org.uk)

Email [debbie.canadda@yahoo.co.uk](mailto:debbie.canadda@yahoo.co.uk)

## Chairperson

### Mrs Debbie Marshall

Thank you to everyone that came on the 20th of February and supported our Seminar 'What Works' with Geoff Evans. It was the first time I have ever tried to do something that big. We had a good turn out and our feedback was very positive. We will plan another one next year and we will ask Geoff Evans back by popular demand. We will also consider extending the day to have Geoff longer next year.

Update about my health, I am getting by and managing but I am not up to the same level as I have been able to achieve in the past. I have a date for my operation which is going to take place in April.



It is that time of year when it starts to get warmer and the evenings stay lighter for longer, 'yippee'. It won't be long until we see the daffodils come out. I have been planning my holidays for this year and because there is so much choice I find it difficult to know where to visit.

I am attending the LAS Conference in March, if you are attending yourself please come and see me it is always nice catching up with people.

I am looking forward to meeting Lesley Chester from County Council who is coming on the 19th March to do a talk on Hate Crime. I hope you can make it as it will be nice to meet you.



Wishing all the Mums a very  
Happy Mother's Day.



## Support Meeting Dates 2012

19th March (7pm) Lesley Chester Hate Crime Awareness.

April — No Meeting.

21st May (7pm) Peter Ludlow

18th June (7pm) Games / Social.

16th July (7pm) Games / Social.

August—No Meeting.

17th September (7pm) ADHD

15th October (10:30am) Games / Social.

19th November (7pm) Year End Get Together.

Lincoln Rd, Washingborough, LN4 1AT

Refreshments available at a small charge.

## Geoff Evans

If you missed the Seminar on the 20th please find the links below which may be of some help.

'What Works' Part 1—[http://](http://www.optionsgroup.co.uk/resources/pdfs/info_sheets/Behaviour%201.pdf)

[www.optionsgroup.co.uk/resources/pdfs/info\\_sheets/Behaviour%201.pdf](http://www.optionsgroup.co.uk/resources/pdfs/info_sheets/Behaviour%201.pdf)

'What Works' Part 2—[http://](http://www.optionsgroup.co.uk/resources/pdfs/info_sheets/)

[www.optionsgroup.co.uk/resources/pdfs/info\\_sheets/](http://www.optionsgroup.co.uk/resources/pdfs/info_sheets/)

## Inspirational Autism

Hello there, I have toured the UK speaking at conferences and events about my life experiences with Aspergers Syndrome for over four years now and I am thrilled to share with you a clip from one of my speeches on YouTube. The video was listed as one of the best autism YouTube videos of 2011 by Thautcast.com in December. Direct Link to the video: YouTube Video—[www.youtube.com/watch?v=LC0JytWaQZM](http://www.youtube.com/watch?v=LC0JytWaQZM)

I am letting many organisations know about the video as I feel it highlights a very positive outlook on autism (It's already been watched in 70 countries). I think its essential that we highlight the positives of ASD worldwide and encourage others to see it in a positive light. Please feel free to use the clip in your training sessions etc. Also feel free to forward the video to your colleagues/parents/ mailing lists or post the video on your website/facebook/twitter etc. as the video is designed to inform, entertain and hopefully to inspire the many individuals with ASD and their families/support staff. Thank you very much Best wishes **Tony Attwood.**

# Autism Spectrum Disorder

Can some children simply 'grow out' of autism? One mother tells how her son's life has been transformed.

<http://www.dailymail.co.uk/health/article-2103940/Autism-Can-children-simply-grow-One-mother-tells-sons-life-transformed.html>

## Dyslexia / Dyscalculia

Dyslexia and 'mental health'.

<http://www.vik.org.uk/2012/02/14/dyslexia-and-mental-health/>

Research Articles, Books, and Resources .

<http://www.interdys.org/ResearchArticles.htm>

Project 2012: Evolving e-learning strategies for dyslexia.

[http://www.hud.ac.uk/tali/projects/tl\\_projects\\_12/dyslexia%20research/](http://www.hud.ac.uk/tali/projects/tl_projects_12/dyslexia%20research/)

A study into optimising inclusive teaching and learning strategies for dyslexic arts students. [http://www.hud.ac.uk/tali/projects/tl\\_projects\\_11/dyslexia/](http://www.hud.ac.uk/tali/projects/tl_projects_11/dyslexia/)

Dyslexia Lincolnshire. [http://](http://dyslexialincolnshire.blogspot.com/2010/08/research-indicates-that-music-benefits.html)

[dyslexialincolnshire.blogspot.com/2010/08/research-indicates-that-music-benefits.html](http://dyslexialincolnshire.blogspot.com/2010/08/research-indicates-that-music-benefits.html)

What do we know about dyscalculia? [http://](http://archive.excellencegateway.org.uk/article.aspx?o=126802)

[archive.excellencegateway.org.uk/article.aspx?o=126802](http://archive.excellencegateway.org.uk/article.aspx?o=126802)

## ADD/ADHD

When ADHD and Anxiety Occur Together. [http://](http://psychcentral.com/lib/2011/when-adhd-and-anxiety-occur-together/)  
[psychcentral.com/lib/2011/when-adhd-and-anxiety-occur-together/](http://psychcentral.com/lib/2011/when-adhd-and-anxiety-occur-together/)

OCD and ADHD: Is There a Connection? [http://](http://psychcentral.com/lib/2011/ocd-and-adhd-is-there-a-connection/)  
[psychcentral.com/lib/2011/ocd-and-adhd-is-there-a-connection/](http://psychcentral.com/lib/2011/ocd-and-adhd-is-there-a-connection/)

ADHD school review by Peninsula researchers in Plymouth. <http://www.bbc.co.uk/news/uk-england-devon-17149001>

Durham University ADHD study reveals louder pupils have greater success. [http://www.thenorthernecho.co.uk/news/local/durham/9506909.Study\\_finds\\_children\\_with\\_ADHD\\_learn\\_more\\_by](http://www.thenorthernecho.co.uk/news/local/durham/9506909.Study_finds_children_with_ADHD_learn_more_by)

## CANadda Support Meeting



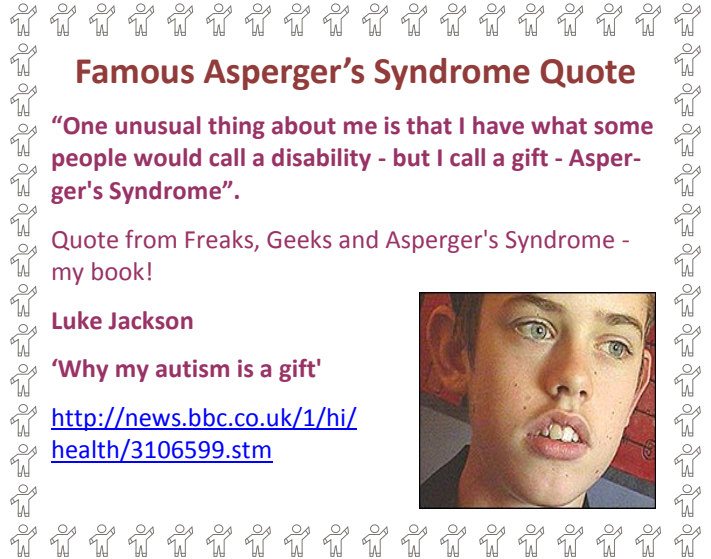
19th March 2012 (7pm)

Lesley Chester 'Hate Crime'

Refreshments available at a small charge.



This is not counselling or any form of therapy.



### Famous Asperger's Syndrome Quote

"One unusual thing about me is that I have what some people would call a disability - but I call a gift - Asperger's Syndrome".

Quote from Freaks, Geeks and Asperger's Syndrome - my book!

Luke Jackson

'Why my autism is a gift'

<http://news.bbc.co.uk/1/hi/health/3106599.stm>



## New Support Group Sharing Minds Drop In Parent Support Group

Sunset House Bed And Breakfast, Main Road,  
Friskney, Boston, Lincs PE22 8QS

Telephone:

01754 820821 or 07841041685.

Email:

[emmaslack22@yahoo.co.uk](mailto:emmaslack22@yahoo.co.uk)

## Dyspraxia / Dysgraphia

Dyspraxia Foundation welcomes innovative CBeebies programme: [Tree Fu Tom](#)

Dyspraxia Foundation and Tree Fu Tom.

<http://www.bbc.co.uk/mediacentre/mediapacks/treefutom/dyspraxia-foundation.html>

Dysgraphia.

<http://en.wikipedia.org/wiki/Dysgraphia>