



# CANadda Newsletter



June 2012

Issue 34

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## Chairperson—Mrs Debbie Marshall

Thank you to everyone that came to the Peter Ludlow talk at our last support meeting, it was also good to see some professionals there too. It was well supported and I hope you found the talk about the 'Making the Spectrum Visible' as interesting as I did.



I have nearly got my life back to normal after being so ill. Thank you to all the well wishers, it was kind of you to have been thinking of me. I have now got some dates for your diary below and I hope you can come along and support these events.

Don't forget you can also join our Twitter or Facebook and get all the up to date information, we also have the Daily News on our blog. CANadda's web site is growing all the time!

For those who don't know I have been on a ASD Partnership with the LCC for the last two and half years. I feel very privileged to be involved and we have made some progress. If there is any service that you feel is important or lacking, please let me know and I will take it back with me to the next meeting.

Everyone is welcome to our next support meeting, you can come along and play games or if you want to come and have a chat about a subject with others or you are welcome to come and speak to me.

I hope you all have a good jubilee weekend in what ever you are doing, see you all soon.

## CANadda



Support Meeting

18th June 2012



Play games or come for a chat.

Refreshments available at a small charge.

This is not counselling or any form of therapy.

## Support Meeting Dates 2012

18th June (7pm) Games / Social.

16th July (7pm) Games / Social.

August—No Meeting.

17th September (7pm) ADHD

15th October (10:30am) Games / Social.

19th November (7pm) Year End Get Together.

December -No Meeting.

Methodist Church, Lincoln Rd, Washingborough, LN4 1AT

## Dates for your Diary

Saturday 30/06/12 Meal at the Pride of Lincoln 7pm.

Monday 23/07.12 Whisby Natural Park 11am.

Monday 20/08/12 Bowling 11:30am.

More details to follow.

## Victims Support

“Don't let victims suffer twice – find out more on our website at <http://www.victimsupport.org.uk/About-us/Campaigns/Dont-suffer-twice> or sign our e-petition at <http://epetitions.direct.gov.uk/petitions/33040>”

## Mental Health Assembly and Mini Conference

Friday 29<sup>th</sup> June 2012

Assembly – 9:30am to 12:30pm (doors open 9am) –

A chance for people with an interest in Mental Health to get together and discuss issues important to them. Find out the role of the Mental Health Partnership Group. Speak to your forum representative and other Mental Health providers.

Mini Conference – 1:30 to 4:30pm – The Mini Conference will focus on:

Report on Crisis Survey Feedback from Keith Waters re Self Harm Conference he Attended Lincolnshire Suicide Prevention Self Harm Reduction Strategy & Action Plan.

Croft Street Community Centre, Baggeholme Road, off Monks Road, Lincoln LN2 5AXX, To book a place at either of these events please contact: 01522 515322 [Yvonne.O'Malley@lpct.nhs.uk](mailto:Yvonne.O'Malley@lpct.nhs.uk)

# Autism Spectrum Disorder

Asperger's syndrome explained for children

<http://www.youtube.com/watch?v=s9eATBV- lg>

Dr. Tony Attwood on Girls with Aspergers

<http://www.youtube.com/watch?v=ZBOTkvM1mJw>

Feelings of Girls and Women with Asperger Syndrome

<http://www.youtube.com/watch?v=kNFLe2FLKj4>

## Dyslexia / Dyscalculia

Dyslexia Action's response to Lancet report

<http://dyslexiaaction.org.uk/News/dyslexia-actions-response-to-lancet-report/2594d936-7d7b-462f-b6c3-9b68160c084a>

Scientifically Based Practices - Part II

<http://www.ncld.org/at-school/especially-for-teachers/effective-teaching-practices/scientifically-based-practices-part-ii>

## Dyspraxia / Dysgraphia

Childhood dyspraxia: James' story (NHS)

<http://www.youtube.com/watch?feature=endscreen&NR=1&v=ncnVYonMA5Y>

Dyspraxia is a Pain Poem by Katherine Jones Age 9 Published on 2 Apr 2012

<http://www.youtube.com/watch?v=EAWU1K2lwAI>

# ADD/ADHD

Age-Activated Attention Deficit Disorder

<http://www.youtube.com/watch?v=6oHBG3ABUJUADHD>

ADD and you

<http://www.addcoachinggroup.com/content/addandyou.html>

Ritalin calms hyperactive children and prescriptions are soaring - but experts warn of serious side-effects and it's even being linked to suicide.

<http://www.dailymail.co.uk/health/article-2141044/ADHD-Ritalin-prescriptions-soaring-experts-warn-effects.html?ito=email-healthnewsletter-20120522>

## Famous ADD Quotes

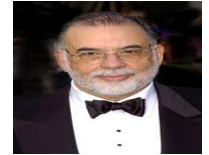
"Sometimes a person with ADD feels as if their mind is moving as fast as a speeding train."

"I prefer to distinguish ADD as attention abundance disorder. Everything is just so interesting . . . remarkably at the same time."

"Man, I love my ADD. It always reminds me how much I don't remember."

"Sometimes the easiest things in life are the hardest to understand especially with ADD. "

Frank Coppola MA, ODC, ACG



## Dyslexia Guild Summer Conference 2012

Thursday 28th June 2012.

The Conference will be focusing on 'Improving Achievement for Learners with Dyslexia' and is open to all.

Time: 9:30am - 4:00pm

Venue: University of Nottingham, Jubilee Campus

<http://dyslexiaaction.org.uk/News/dyslexia-guild-summer->

## Autism Aware Charity Ball

On Friday November 9<sup>th</sup> we will be hosting a charity ball at the Alton Towers Resort in their beautiful state room.

<http://www.autismaware.co.uk/autism-aware-ball/>

The evening will include

- Welcome drink
- Fabulous 3 course meal
- Live entertainment
- Live raffle

All proceeds will be donated to The National Autistic Society & Staffordshire Adults Autistic Society.

## Train Walk—Thomas & Friends

Supporting people with autism in your area

Where: Lincoln North Children Centre

When: 6th June 2012

Leaving at: 10:30am to start walking at 11:00am

Then picnic and activities in the centre after bring a

LUNCH

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