



CANadda



Lincolnshire Learning Disability Coalition



Newsletter

May 2013

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Chairperson - Mrs Debbie Marshall

Spring is here at last, yippee! It has been a very long time coming. First of all we need to say a big thank you to Amber and Mick for running the Lincoln 10K for us which has raised us a lot of money, thank you.

We have Valerie Haslam a Specialist Dyslexia Teacher coming to our next support meeting to do a talk on Phonics. This is suitable for adults and parents with children that have difficulties with reading and spelling. We also have a library if you prefer to come and have a read or play a game or two.

The forms are coming back to us for our Geoff Evans talk about Sensory Issues on Friday 19th July. The booking forms are now available so if you are planning on coming please get yours in quick due to limited spaces, booking needs to be in advance.

Don't forget to come along and support our Summer Bazaar / Craft Fair. There will be plenty to do for you and the whole family.

Bowling is back to popular demand, if you would like to come along to the next one please let me know.

I look forward to seeing you soon.



It's Okay to be Different



Autism-friendly theatre that welcomes
Curious Incidents in the Night-Time

<http://www.independent.co.uk/arts-entertainment/theatre-dance/features/autismfriendly-theatre-that-welcomes-curious-incidents-in-the-nighttime-8586430.html?origin=internalSearch>

MIXiT STAGE SCHOOL

MiXiT Stage school is a provision that is available in Lincolnshire. As a service provider we offer a safe, fun environment allowing individuals to explore the Performing Arts and be fully integrated into the community. MiXiT also offers respite opportunities for parents and carers along with a real quality service for individuals. As we are a fully inclusive Stage school, everyone over 16 years is welcome including friends of students and siblings too.

At MiXiT Stage school our aim is to provide people with disabilities in Lincolnshire the opportunity to enjoy an activity which is both fun and creative. We would like to reach people in the area to inform them about our fantastic Stage school and explore the many benefits to be gained from MiXiT Stage school. We also offer a free three hour taster session for anyone who is interested.

Find out more T. 07582677167 or E. mixit.lincoln@hotmail.com

CANadda

Monday 20 May 2013



Valerie Haslam
A talk on Phonics.



This is not counselling or any form of therapy.

Support Meeting Dates 2013

20th May (7pm) Valerie Haslam Retired Specialist Dyslexia Teacher, a talk on Phonics.

17th June (7pm) Games and a chat.

15th July—No Meeting.

19th July (9:45am) Geoff Evans, a talk about Sensory Issues.

August— No Meeting.

16th September (TBC)

October—No Meeting.

18th November (7pm) Year End Get-together.

Methodist Church, Lincoln Rd, Washingborough, LN4 1AT.

Thank You!

A big thank you to Amber and Mick for running the Lincoln 10K on behalf of CANadda they both raised funds for CANadda.



Social Dates for your Diary

Saturday 1st June—Bowling @ 5pm.

Sunday 9 June - Summer Bazaar/Craft Fair starts 2pm.



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The Autism Show
14 – 15 June 2013, London
<http://www.autismshow.co.uk/>

Autism Spectrum Disorder

Medical Comorbidities in Autism Spectrum Disorders <http://xa.yimg.com/kq/groups/21528364/670281790/name/Medical+Comorbidities+in+ASD+2013.pdf>

"How To Raise A Happy, Dave Angel Successful Child With Aspergers"
<http://www.parentingaspergers.com/forparents.htm?gclid=CLW87NqX67YCFdHLtAodG3cAzg>

Dyslexia / Dyscalculia

Frewen College <http://www.frewencollege.co.uk/page/default.asp?title=Welcome%20&pid=1>

Ben's dyslexic mind on TV http://www.bbc.co.uk/blogs/ouch/2013/01/bens_dyslexic_mind_on_tv.html

Dyscalculia Forum <http://www.dyscalculiaforum.com/news.php>

Dyspraxia / Dysgraphia

Dyspraxia doesn't have to stop people living life to the full
http://www.dyspraxiafoundation.org.uk/news/show_news.php?id=46

Apps to Help Students with Dysgraphia and Writing Difficulties
<http://www.nclcd.org/students-disabilities/assistive-technology-education/apps-students-ld-dysgraphia-writing-difficulties>

ADD/ADHD

EU urged to increase public awareness of ADHD <http://www.theparliament.com/latest-news/article/newsarticle/eu-urged-to-increase-public-awareness-of-adhd/>

Do Obesity and ADHD Share Common Risk Factors?
<http://www.goodtherapy.org/blog/obesity-children-ADHD-health-0422131>

Teen with ADHD and dyslexia achieves barber shop dream <http://www.halesowennews.co.uk/news/local/10339745.Teen-with-ADHD-and-dyslexia-achieves-barber-shop-dream/>

Are You the ADHD Tortoise or the ADHD Hare? <http://blogs.psychcentral.com/adhd-zoe/2013/04/are-you-the-adhd-tortoise-or-the-adhd-hare/>

Famous Schizophrenia Quotes

I don't think I'm easy to talk about. I've got a very irregular head. And I'm not anything that you think I am anyway.

I think young people should have a lot of fun. But I never seem to have any.

I'm sorry I can't speak very coherently.

I do tend to take lines from other lines I like, and then write around them.

Syd Barrett—Founder of Pink Floyd band



FREE AUTISM EVENT FOR FAMILIES, CARERS AND EVERYBODY WITH AN INTEREST

WEDNESDAY 22 MAY 2013
NOVOTEL, NOTTINGHAM.

LEGAL—COMMUNICATION WORKSHOP
EDUCATION—INSPIRATIONAL SPEAKERS
FUNDING—A PARENTS VIEW

BEHAVIOURAL CHALLENGES—PARENT SUPPORT

T: 0800 0556789 OR W: www.hesleygroup.co.uk/events/autism-event

We need quality assessors in the East Midlands

WITH SUPPORT CAN YOU.....

- * Talk on the phone? * Use public transport? * Talk to people?
- * Take part in meetings & training? * Complete paperwork?

Being a Quality Assessor is a very important job. You will visit people with a learning disability and find out what they think of the support they receive.

You will have support from a Quality Supporter. You will get paid £6.60 an hour.

If you'd like to talk about this job, call Laura Shepherd on: 07740 042 085

If you'd like to apply, please contact Karen Hayes: hadmin@thera.co.uk

Children & Young People's Conference 2013



Figures from the Mental Health Foundation show that 1 in 10 children between the age of 1 and 15 years old has a mental health condition. With this in mind this timely conference, to be held at **One Drummond Gate in Central London, on Wednesday 11th September**, will cover all the key issues concerning the health and wellbeing of children and young people across the UK.

Topics to be discussed include:

- Mental health and young people
- Understanding and responding to the mental health needs of children in looked after care
- Improving the physical, emotional and psychological foundations built during the first few years of a child's life

To register, please [book online](#) or call **0845 647 7000**.

Please quote source reference **GH0313** if registering any conference places online to receive the discounted rate.