



# CANadda



Lincolnshire Learning Disability Coalition



# Newsletter

July 2013

Issue 47

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## Chairperson - Mrs Debbie Marshall

We still have some spaces left for our Geoff Evans talk about Sensory Issues on Friday 19th July. This event is suitable for parents, carers, professionals and adults with this difficulty. You are welcome to come along on the day but I can't guarantee there will be any spaces available, so it is essential that you do book in advance.

Please be aware there will be no support meeting on Monday 15th July due to our Geoff Evans event. Our next support meeting will be on Monday 16th September.

Our Summer Bazaar / Craft Fair was a success and we raised some much needed funds for CANadda. Thank you to those who came along and supported us and a big thank you to all the volunteers on the day as your help was much appreciated! Thank goodness the weather stayed dry for us.

Our last bowling event was a success and we had another great evening. I will be booking another one in August or September.

I so hope we will start to get some nice weather and a summer at last. Have a good month and I will see you soon.



My name is Michelle Fox. I have 20 years experience of working within the Autistic Spectrum Disorder and associated Learning Difficulties. I have now re-trained as a Driving Instructor and have some clients with Learning disabilities. I am wondering whether there are any clients within your services that would benefit and/or enjoy the experience of learning to drive within a safe and understanding environment. If so please feel free to contact me at [michellefox1971@hotmail.com](mailto:michellefox1971@hotmail.com) or on 07964145325.

# CANadda

Monday 15 July

## Sorry

## No Support Meeting

There is a small charge for refreshments.

This is not counselling or any form of therapy.

## Support Meeting Dates 2013

15th July—No Meeting.

19th July (9:45am) Geoff Evans, a talk about Sensory Issues.

August—No Meeting.

16th September Social Event.

October—No Meeting.

18th November (7pm) Year End Get Together.

Methodist Church, Lincoln Rd, Washingborough, LN4 1AT.

Nicola Werenowska has dyspraxia and has been a long-time supporter of the Dyspraxia Foundation and a speaker at our events.

There will be an Open Rehearsal of Nicola's play HIDDEN, as part of Menagerie's HOTBED Festival at the Mercury Theatre, Colchester on Saturday 20th July.

To find out more please to <http://www.mercurytheatre.co.uk/event/hidden-open-rehearsal/>

## Social Dates for your Diary

Bowling date TBC.

## GEOFF EVANS

TALK ABOUT SENSORY ISSUES

19TH JULY

E. [debbie.canadda@yahoo.co.uk](mailto:debbie.canadda@yahoo.co.uk)

Comprehensive spending review presents challenges for disabled children and families

<http://www.cafamily.org.uk/news-and-media/comprehensive-spending-review-presents-challenges-for-disabled-children-and-families/>

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# Autism Spectrum Disorder

**Self Advocacy - The Power of No:** <http://adiaryofamom.wordpress.com/2013/05/28/the-power-of-no/>

**Hate Crime Against Those with Autism** <http://www.parliament.uk/edm/2013-14/172>

**Melanie Sykes autism anguish** <http://www.thisishullandeastriding.co.uk/Melanie-Sykes-autism-anguish/story-19316649-detail/story.html#axzz2WkayLElx>

**University of Bath opens autism summer school** <http://www.bbc.co.uk/news/uk-england-somerset-23030755>

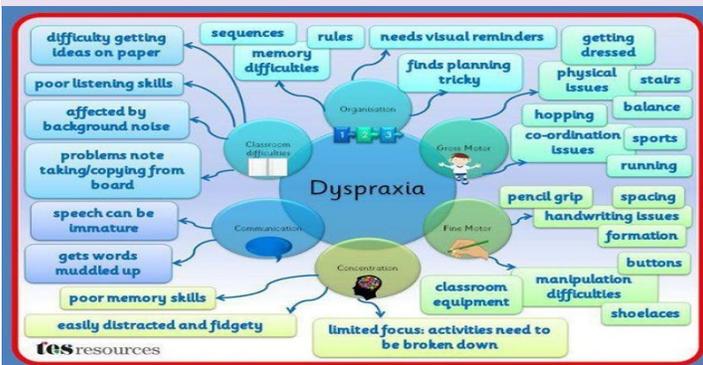
## Dyslexia / Dyscalculia

**Dyslexia and nutrition neuro science research** [http://fp03-146.web.dircon.net/new\\_page\\_55.htm](http://fp03-146.web.dircon.net/new_page_55.htm)

**Practical literacy skills for adults** <http://www.bbc.co.uk/skillswise/english>

## Dyspraxia / Dysgraphia

**Leaflet for Primary School Teachers** <http://www.movementmattersuk.org/dcd-dyspraxia-adhd-spld/developmental-disorders-documentation/help-for-primary-schools.aspx>



# ADD/ADHD

**Founder of Edgware-based ADHD charity ADDISS awarded OBE in Queen's Birthday Honours** [http://www.times-series.co.uk/news/10509051.ADHD charity founder awarded OBE in Queen's Birthday honours/](http://www.times-series.co.uk/news/10509051.ADHD%20charity%20founder%20awarded%20OBE%20in%20Queen%20s%20Birthday%20honours/)

**People's Misconceptions & the Frustrations of Adult ADHD** <http://psychcentral.com/blog/archives/2013/06/18/peoples-misconceptions-the-frustrations-of-adult-adhd/>

**ADHD underdiagnosed in adults** <http://www.irishhealth.com/article.html?id=22274>

**How to handle debt when you're ADHD** <http://money.msn.com/saving-money-tips/post.aspx?post=2a0aa279>

## Famous ADHD Quote

An Interview with Sylvester Stallone's Mother. She said that as a kid she knew that he was going to be great because of a star chart that she did for him not because of his behaviour. She was quoted as saying, "My son's behaviour made me think he'd spend the rest of his life in jail!". As a child Sylvester did everything wrong. He'd jump out of four storey buildings, landing in the bushes. He did what he wanted and he was fearless. According to his mother when he was about three he had a little bike and would peddle it around the block. While that sounds innocent enough he liked to stand on the seat of his bike and set off a nearby fire alarm so that he could see the fire trucks come screaming down the street. His mother was fined for this several times. If he ever got bored with the TV he used to wee into the power point which would consequently blow all the fuses. Mrs Stallone described her son as mischievous, overactive and very unpredictable. By the time Sylvester was 16 he had been thrown out of 17 high schools and could not write or spell and had even failed gym. According to Sylvester the best advice that his mother gave him was "Don't look back, keep looking ahead and try and try until you get it right."



Sylvester Stallone—Actor

Right now, the chancellor George Osborne is deciding whether to carry on cutting care for older and disabled people, or whether to give it the funding it deserves.

Shocking figures show that government spending in this area has gone down 20% in the past three years, even though many more people need care. [1] In less than a week's time, Osborne will set out the government's spending plans for 2015/16. He's making the final decisions now. Older and disabled people need funding for more carers and more care, not less. We need to let him know he won't get away with making cuts that affect the people who are the most vulnerable.

Can you sign the petition to tell George Osborne, it's time to spend money on care and stop cutting it. <https://secure.38degrees.org.uk/page/m/74c04c28/2d5e3f7e/5001aa9e/46615bc9/3329685881/VEsE/>

Carers provide basic support - but often they're the difference between living and just existing. From helping people out of bed in the morning, to taking them to see friends or eat a meal - for many receiving care, it's their main source of human contact.

George Osborne just doesn't seem to understand the difference good care makes - not just to people's lives but to the NHS. Experts have shown that many of those stuck in hospital beds don't need to be there and, if they'd had the right care at home, they wouldn't be. [2]

George Osborne would love the spending review to pass without controversy. A massive petition calling on him to increase funding for older and disabled people is the sort of attention he'd rather avoid. If we shine a light on him, we can make sure he's seen as a failure if he doesn't commit more money to care.

Please sign the petition now: <https://secure.38degrees.org.uk/page/m/74c04c28/2d5e3f7e/5001aa9e/46615bc9/3329685881/VEsE/>

Together, we decide what to campaign on. Week after week, 38 Degrees members have voted to prioritise care for older and disabled people. Now we have the chance to push the government to do the right thing. If enough of us get involved, we can show Osborne that he won't get away with making more cuts that hurt some of the most vulnerable people.

Sign the petition now to make care a huge part of the conversation, and a bigger part of government spending: <https://secure.38degrees.org.uk/page/m/74c04c28/2d5e3f7e/5001aa9e/46615bc9/3329685881/VEsC/>