



CANadda



Lincolnshire Learning Disability Coalition



Newsletter

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Chairperson - Mrs Debbie Marshall



First of all an up date about CANadda's new office in the new Learning Disability Community Hub, South Park in Lincoln.

I have finished decorating and it is time to start moving CANadda's things in. We hope to be opened for business early in the new year. We hope to have

a better idea of our new services we are looking at offering soon.

Please be aware our last support meeting at the Washingborough Methodist Church is on Monday 18th November at 7pm. There is a £1 charge for each person but this will include food and drinks. We will also be doing a raffle so bring some extra cash with you.

Our last bowling event on Saturday 26th was another success. Some of the regulars were unable to make it but we hope to see everyone next year when I will arrange another one.

On Saturday 30th November and Sunday 1st December we will be having a stall to raise money for CANadda more details below please come along and support us, thank you.



CANadda

18th November 2013

CANadda's last support meeting at the WMC.



Support Meeting 2013

18th November (7pm) Year End Get Together and Raffle—We will also be saying good bye to WMC.

Currently this will be our last support meeting on Monday 18th November. This is our year end get together and to say good bye to WMC that has been our home for the last four years. We are currently in the process of reviewing what services we are going to be offering.

Methodist Church, Lincoln Rd, Washingborough, LN4 1AT.

PLEASE HELP!

If you're a Lincolnshire Co-op member and have a dividend card you can now help us with our fundraising. Simply visit www.lincolnshire.coop/communitychampions and select the "Choose my own Community Champion" option. If you follow the steps online and select CANadda to receive your portion of Community Champions fund then every time you shop we'll receive a donation. It will not affect the dividend you receive.

If you don't have access to the internet then call the Co-op Member Accounts team on 01522 781135.

THANK YOU!

OCD Ward

Documentary following four of Britain's most severe cases of obsessive compulsive disorder, known as OCD, as they seek treatment at Springfield Hospital in south London.

<https://www.itv.com/itvplayer/ocd-ward>

Social Events

Monday 18th November (7pm) Year End Get Together and to say good bye to the Washingborough Methodist Church.



WHEN YOU JUDGE SOMEONE BASED ON A DIAGNOSIS YOU MISS OUT ON THEIR ABILITIES, BEAUTY & UNIQUENESS.

Severly

DIARY DATES

Saturday 30th November—
CANadda has a Stall at the Branston Christmas Market.

Sunday 1st December—
CANadda has a stall at the Heighington Christmas Market.

Come and support CANadda at these two events and help us raise some funds.

THANK YOU!

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Autism Spectrum Disorder

Is it right to try to 'normalise' autism?

<http://www.theguardian.com/education/2013/oct/29/specialeducationneeds-autism>

My Token Autistic Speech

<http://yesthattoo.blogspot.co.uk/2013/03/my-token-autistic-speech.html>

An In-Depth Guide: How to Transition Young Children with Autism

<http://www.friendshipcircle.org/blog/2013/10/16/an-in-depth-guide-how-to-transition-young-children-with-autism/>

Autism - The Untold Story - Documentary

<http://www.youtube.com/watch?v=Ubl6e0L3D1M>

Dyslexia / Dyscalculia

How to teach ... dyslexia awareness

<http://www.theguardian.com/education/2013/oct/15/dyslexia-awareness-teaching-resources>

Top tools to help your dyslexic learners

<http://www.jisc.ac.uk/blog/top-tools-to-help-your-dyslexic-learners-16-oct-2013>

Speech & Language

<http://www.dyspraxiafoundation.org.uk/groups/speech-language/>

Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

How to recognise dyspraxia (ITV)

<http://www.itv.com/news/tyne-tees/story/2013-10-14/dyspraxia-awareness-week/>

ADD/ADHD

Brain structure probable cause of ADHD, not dopamine

<http://www.examiner.com/article/brain-structure-probable-cause-of-adhd-not-dopamine>

ADHD, Women, And Work: What It's Like And Ways To Cope

<http://www.forbes.com/sites/dailymuse/2013/08/27/adhd-women-and-work-what-its-like-and-ways-to-cope/>

Anxiety and ADHD

<http://www.netdoctor.co.uk/adhd/anxiety.htm>

Famous OCD Quote

The sexy *In Her Shoes* star is arguably Hollywood's most compulsive celeb. Not only does she open doors with her elbows to avoid touching germ-infested knobs - door-knobs, that is - she also admits to scrubbing her Hollywood home scrupulously and washing her hands 'many times' each day. 'I'm not scared of germs,' she explains, 'I'm just not into other people's fluids...'

Cameron Diaz



Film Actress including *The Mask*

Dyspraxia Research

For this first study Dr Hudson was aiming to concentrate on adults with a diagnosis of dyspraxia/DCD. If you are interested in taking part please contact Dr Hudson as per below.

Dr John Hudson, School of Psychology, University of Lincoln, Brayford Pool, Lincoln LN6 7TS, UK

E-mail: jhudson@lincoln.ac.uk, Phone: + 44 (0) 1522 886782, FAX: + 44 (0) 1522 886026

<http://staff.lincoln.ac.uk/jhudson>

Driving Instructor

Michelle Fox has 20 years of experience with working with Adults with Autism and associated learning difficulties. Michelle now joined forces with an experienced instructor who has designed a person centered program using an automatic car. She feel this could be an excellent opportunity for individuals to gain essential skills towards independence.

Please visit www.4u2-drive.co.uk for more information.

Anti Bullying Week 18th—22nd November 2013



Autism and participation conference

We are inviting people on the autism spectrum to submit an abstract regarding a proposed presentation or workshop for our upcoming conference. This event will take place on 28 January 2014 in London.

We will look at a variety of aspects of participation by people on the autism spectrum. If you would like more information about what we are hoping to cover at the event and how to submit your abstract, please visit our website.

We are hoping to publish an e-book on this subject in mid-2014 and are accepting abstract submissions for this as well as the conference.

We are also looking to exhibit artwork and poster presentations on the theme of participation at the conference. If you are interested in submitting a piece of work of this nature, please contact the Ask autism team at askautism@nas.org.uk.