



CANadda Newsletter



August 2014

Issue 60

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.Debbie Marshall
Chairperson




CANadda has been very busy over the last few weeks so I am looking forward to a break over the summer holidays.

The Queens Park Community Hub had its first Summer Fair and CANadda is delighted to announce that it was a success and a great day had by all. It was lovely to see so many people come and support this event.

CANadda event at the Turks head was a wash out but we still had a lot of fun and we still raised a lot of money for CANadda.

We have had another successful bowling event. It was good to see some new faces as well as the regular ones. Looking forward to arranging another one.

Don't forget our Holiday Wednesday Club over the holidays. Weather permitting Lincoln College may be holding a barbecue afterwards. This is a separate event to the Holiday Wednesday Club so please bring some extra money.

 We are now taking bookings for the Asperger's Seminar in October. If you would like to come please make sure you get your application form in as there is a limited amount of spaces.

SOCIAL EVENTS



Cuppa Wednesday - Every Wednesday (Term Time Only) at 10:30am to 11:30am.

Cuppa Wednesday back on Wednesday 3rd September.



Holiday Wednesday Club— August 13th and 27th at 10am to 12pm. £2.50, this

includes refreshments, craft, Mario racing challenge.

Queens Park Community Hub,
South Park, Lincoln, LN5 8EW.

CANadda

Asperger's Seminar

'DON'T JUDGE YOU DON'T KNOW ME'



THURSDAY 9th OCTOBER 2014 - 9:45am-12:45pm.

PLACES MUST BE BOOKED IN ADVANCE

Please be aware we only have a limited amount of spaces for this Seminar 'Don't Judge You Don't Know Me' on Thursday 9th October 2014 - 9:45am - 12:45pm.

AGM

CANadda's AGM is on Thursday 25th September at 10am. Everyone is welcome to join us.

GOLF SESSIONS

The Lincoln Golf Centre offers sessions for adults with autism if you are interested for more information contact Andy on 01522 686340 or info@LincolnGolfCentre.org.uk



Autism causes stress, anxiety, depression, isolation, money, marital & family problems.

Autism is a constant worry & is the unknown.

What can we do to change this?

Be strong, stay positive, stick together, support each other, love each other & fight for what we believe in....

Our children. X

Spectrum Superstars

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Autism Spectrum Disorder

Developing Handwriting Skills for Individuals with

Autistic Spectrum Disorder http://www.leics.gov.uk/autism_handwriting_skills.pdf

Learning About Asperger's Syndrome <http://www.youtube.com/watch?v=xH8pkpoZoyc>

Accept difference. Not indifference. <http://www.autism.org.uk/>

Dyslexia / Dyscalculia

Recruiting people with dyslexia <http://www.recruiter.co.uk/expert-advice/2014/07/recruiting-people-with-dyslexia/>

The Adult Dyslexia Organisation <http://www.adult-dyslexia.org/>

Specific Learning Difficulties (SpLD) <http://www.goodschoolsguide.co.uk/help-and-advice/special-needs-advice/types-of-sen/specific-learning->

Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

I'm Not Clumsy Fix on ITV <http://www.fixers.org.uk/news/8060-11208/i-m-not-clumsy-fix-on-itv.php?gclid=CMWDwZqu5r8CFTMftAodPS4A8Q>

Dyspraxia – Cure or no Cure? <http://www.matthewmunson.co.uk/?p=219>

Dysgraphia: More Than Just Bad Handwriting <http://www.readingrockets.org/article/24163>

ADD/ADHD

An Introduction to the ADHD Foundation <http://www.adhdfoundation.org.uk/introduction.php>

Norwich judo champion named as new patron of ADHD foundation <http://www.edp24.co.uk/news/norwich-judo-champion-named-as-new-patron-of-adhd-foundation-13693807>

Scientists discover ADHD gene <http://cphpost.dk/news/scientists-discover-adhd-gene.10092.html>

Walt Disney - Actor Asperger Quotes

"You can design and create, and build the most wonderful place in the world. But it takes people to make the dream a reality."

"Crowded classrooms and half-day sessions are a tragic waste of our greatest national resource - the minds of our children."

"Or heritage and ideals, our code and standards - the things we live by and teach our children - are preserved or diminished by how freely we exchange ideas and feelings."



Autism Friendly Screening The Lego Movie August 21st at 2pm at the Ritz Cinema in Lincoln

Entry is a flat fee of just £3 per person.

An Autism Friendly Screening differs from a regular film screening in the following ways-

- *The sound will be turned down.
- *The lights will be turned slightly up.
- *Film goes will be able to move around the cinema.
- *No trailers will be shown before the screening.

More details about the screening can be found at <https://www.facebook.com/GAINGrantham> and at <https://www.facebook.com/events/1449865805288729/>

Butterfly Club Drill Hall, Lincoln

Tickets: £3 advance (£4 on the day)

It's time for another of our fantastic party nights for people with disabilities and their families. Great music, a friendly, welcoming atmosphere and the chance to meet new people. Come and strut your stuff on the dance floor baby!

<http://www.lincolndrillhall.com/events/the-butterfly-club-6>

Lincoln Socialables

The **Lincoln Socialables** welcomes all ages and aims to organise different events that will appeal to all interests. If you live in Lincoln or nearby and want to meet new people, make new friends, widen your social circle and enjoy fun activities then please come along.

<http://www.meetup.com/Social-Group-In-Lincoln/?oc=evam>