



CANadda Newsletter



November 2014

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Debbie Marshall Chairperson



What an exciting month CANadda has been having. It started off with me delivering my Asperger's Talk 'Don't Judge You Don't Know Me'. Thank you to everyone that came along and supported me that day. The feedback was amazing which I wasn't expecting! I am looking forward to delivering my talk again next year.



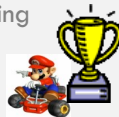
The Cuppa Wednesday every Wednesday is going well and again thank you to everyone that comes along and supports this.



Our last bowling event was well attended again. What another fantastic and enjoyable evening that was had by all! I was so embarrassed to have won, that wasn't meant to happen! It didn't help as my first game I scored 160 which was my best score ever. Also well done to everyone else as you all did amazing, everyone is getting better and better.



Thank you to all those who came along and supported our Holiday Wednesday Club. We had a fun and messy morning making chocolate apples ready for Halloween. There were some fantastic Christmas Cards made for that someone special at Christmas. The overall winner of our annual Mario Kart was Kim, 2nd place was Bailey and 3rd place was Sian, well done to you all!



The time this newsletter goes out we would have already had our first visit to The Collection. I will feedback all the news to you in our December newsletter.

CANadda and I have still got some exciting things coming up until Christmas. On Wednesday 12th of November I will be delivering a talk at the Autism Conference 'Into Adulthood'. I am so looking forward to this as my presentation looks great! I also can't wait to talk a little bit about the Autism Strategy and what is going on in Lincolnshire.



SOCIAL EVENTS



Cuppa Wednesday - Every Wednesday
(Term Time Only) at 10:30am to 11:30am.



Christmas Bazaar—Wednesday 3rd December
10am to 2pm.



Christmas Lunch— Friday 19th December 12am,
four course traditional Christmas lunch for only £5.50
per person.

Queens Park Community Hub, South Park, Lincoln, LN5 8EW.

Fund Raising Events



Branston Christmas Market— Saturday
29th November



Heighington Christmas Market— Sunday
7th December

CANadda

On Wednesday 3rd December between 10am to 2pm, please come along and support everyone in the hub as we are having our 2nd Christmas event.

CANadda volunteer's we also will be working hard to raise some funds over Christmas so please come along and support us at one of our events, thank you!

On Friday 19th December CANadda is having a four course traditional Christmas lunch. If you would like to join us please send me your deposit as soon as possible as we are nearly full, thank you!

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Autism Spectrum Disorder

Caroline Hearst's autism was only diagnosed at the age of 55.
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Dyslexia / Dyscalculia

Dyslexia Awareness Week 2014

[Dyslexia Awareness Week | Get Involved and Fundraising - The British Dyslexia Association](#)

Keira Knightley shares her battle with dyslexia

[Keira Knightley shares her battle with dyslexia - Longevity LIVE](#)

Dyslexia and Dyscalculia

<http://www.scope.org.uk/support/professionals/learning->

Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

Growing up with dyspraxia: A personal battle against bullies, ignorance and feelings of inferiority

[Growing up with dyspraxia: A personal battle against bullies, ignorance and feelings of inferiority | Mancunian Matters](#)

About Handwriting Difficulties

[About Handwriting Difficulties - National Handwriting Association](#)

ADD/ADHD

ADD and ADHD Diagnosis in the UK

<http://www.simplywellbeing.com/add-and-adhd-diagnosis-uk>

Expert Advice on Attention Deficit Disorders...

<http://www.addandadhd.co.uk/>

16th Annual Lincoln
Autism Conference
Wednesday 12th
November 2014

Contact: theholtbys@btinternet.com or
carol.bentley@ulh.nhs.uk

Tom Cruise - Actor Dyslexia Quote

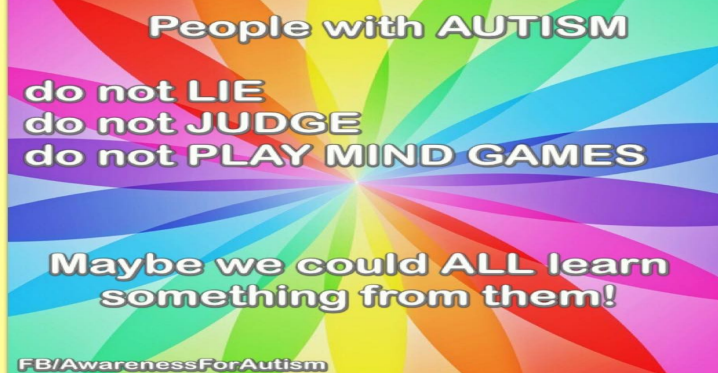
"I had to train myself to focus my attention. I became very visual and learned how to create mental images in order to comprehend what I read."



Some of
CANadda's
latest activities

NEW SEN LAW ON IPSEA'S NEW WEBSITE

<http://www.ipsea.org.uk/what-you-need-to-know/frequently-asked-questions/about-the-new-sen-legal-framework>



A meltdown is not the same as a tantrum.
A meltdown means our sensory kids are having a hard time - not giving a hard time. They need our help & understanding.