



CANadda Newsletter



April 2015

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Debbie Marshall

Chairperson

We have got some events coming up over Easter that you may like to come along to and support us! They include Onesie Wednesday, Autism Support Coffee Meeting and we will also be at the All-Age Autism Strategy launch on the 2nd April 2015.

We had another successful bowling event and I have already book our next one for Saturday 9th May 2015. Don't forget to book your place A.S.A.P. as this event gets booked up very quickly.

Thank you to everyone that came along and supported our Easter Bazaar and if I don't have a chance to see you over the next couple of weeks have a lovely Easter!



World Autism Awareness Day

Thursday 2 April 2015

Launch of Lincolnshire's All-Age Autism Strategy 2015 – 2018

Venue: The Auditorium, Alive Conference Centre (New Life Centre),
22 Newland, Lincoln, LN1 1XD

Time: 10:30am – 5:00pm





This is an opportunity to hear more about the strategy, as well as understand and learn more about autism through:

- listening and talking to people with lived experience of Autism
- viewing artwork, poetry, music created by people with autism
- finding out about the groups involved in the Autism Partnership


Everyone is welcome to join us for the day or drop-in anytime during the event and help us to celebrate Autism!

SOCIAL EVENTS


 **Cuppa Wednesday** - Every Wednesday
(Term Time Only) at 10:30am to 11:30am.

 **Onesie Wednesday** —1st April 10am to 2pm.
We are raising awareness as it is World Autism Awareness Week, plus activities for the children.

Queens Park Community Hub, South Park, Lincoln, LN5 8EW.

 **Bowling** —Saturday 9th May 2015 @ 5pm.

Lincoln Bowling, Washingborough Road, Lincoln, LN4 1EF.

 **Autism Support Coffee Meeting**—Saturday
11th April 4pm to 5pm.

**The Angel Coffee House, Free School Lane, Lincoln
LN2 1EY**

CANadda

[A comparison of the level of fatigue and associated psychosocial impairments experienced by adults with Developmental Coordination Disorder \(DCD\) with that of Chronic Fatigue Syndrome \(CFS\).](#)

Research aims to explore the fatigue experienced by adults with Developmental Coordination Disorder/ Dyspraxia as the clinicians at the Centre are increasingly finding that clients with the disorder are reporting high levels of fatigue and some have a dual diagnosis of DCD and Chronic Fatigue Syndrome (CFS).

Below is the link to the questionnaire.

<https://www.surveymonkey.com/r/YRXPJ6Z>

The Discovery Centre, University of South Wales

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Autism genes and intelligence link found

<http://neurosciencestuff.tumblr.com/post/113300374978/autism-genes-and-intelligence-link-found>

Autism Support Coffee Meeting

Saturday 11 April 2015 4pm to 5pm
The Angel Coffee House Free School Lane Lincoln, LN2 1EY
Lincoln, Lincolnshire

A place for people with autism and their parents, siblings, or carers to meet and become friends with other people with experience of autism, and get advice off both them, and adults with autistic spectrum disorders. <https://www.facebook.com/events/1547334975526417/?>



Temple Grandin - Autism Quote
Psychology and animal science. leading advocate for autistic communities written book

Normal people have an incredible lack of empathy. They have good emotional empathy, but they don't have much empathy for the autistic kid who is screaming at the baseball game because he can't stand the sensory overload. Or the autistic kid having a meltdown in the school cafeteria because there's too much stimulation.



Reference: http://www.brainyquote.com/quotes/authors/t/temple_grandin.html#GLHYbuOZOxYLgZz4.99

Autism Spectrum Disorder

Autism-related genes linked to cognitive ability
<http://www.nhs.uk/news/2015/03March/Pages/>

Dyslexia / Dyscalculia

DYSLEXIA
<http://www.patient.co.uk/doctor/dyslexia-pro>

The Dyscalculia Centre: Researching dyscalculia in association with the University of Oxford
<http://www.dyscalculia.me.uk/>

Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

Advice and support for the working parent
<http://theworkingparent.com/family-articles/dyspraxia-2/#.VRXcSU1yaP8>

Learning Disabilities: Condition Information <https://www.understood.org/en/learning-attention-issues/child-learning-disabilities/dysgraphia/understanding-dysgraphia>

ADD/ADHD

Five myths about ADHD that need to be challenged in schools <https://news.tes.co.uk/b/tes-professional/2015/02/27/five-myths-about-adhd-in-schools-that-need-to-be-challenged.aspx>

LIAISE (previously Parent Partnership)

Transferring to Secondary School?
Is your child Y5? Is your child preparing for transfer to secondary school?
IF SO, THEN THIS WORKSHOP IS FOR YOU!

- Meet other parents like you
- Work with professionals to support your child as they prepare for, and transfer to secondary school
- Pick up practical tips to help yourself as well as your child
- Make a plan to make your child's transfer easier

Our aim is to ensure you leave this workshop feeling
POSITIVE ABOUT YOUR CHILD'S FUTURE

The workshops are FREE but please book a place by contacting LIAISE, on 0800 195 1635 or email iass@lincolnshire.gov.uk Agenda and maps will be sent when places are allocated

The Storehouse, Skegness
Thursday 16th April 2015 9.30am—2pm
"Working together to support your child's needs"

LIAISE (previously Parent Partnership)

PREPARING FOR ADULTHOOD

Is your young person 'moving on'?
Does he/she have Special Educational Needs or a Disability?
IF SO THEN THIS WORKSHOP IS FOR YOU

- * Share your experiences and learn from others
- * Work with professionals to support your young person as they prepare for adulthood
- * Find out how to navigate the system
- * Find out what support/services are available
- * Our aim is to ensure you leave this workshop MORE INFORMED AND BETTER PREPARED

The workshops are FREE. Please book a place by contacting LIAISE on 0800 195 1635 or email iass@lincolnshire.gov.uk Agendas and maps will be sent when places are allocated.

Alive Centre-Lincoln. Thursday April 23rd 2015 9:30am-2:15pm
Or United Reformed Church, Gainsborough
Wednesday 6th May 2015 9:30am-2:15pm
"Working together to support your child's needs"