



# CANadda Newsletter



June 2015

Issue 70

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## Debbie Marshall

### Chairperson

Hopefully you will be able to support CANadda over the next few months as CANadda will be doing a lot of fund raising, I will let you know when and where as your support is always important!

I am very pleased to inform you how well the first Lived Experience working group meeting went. If you are not already signed up don't forget to sign up for this new group!

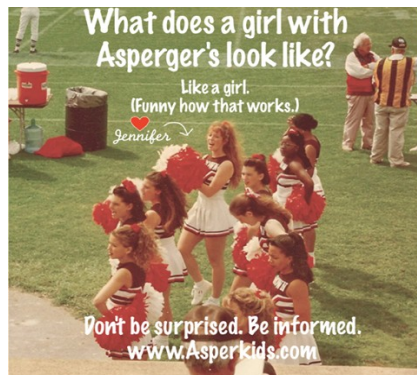
CANadda's next bowling event will be Saturday 8th August 2015 @ 5pm. Don't forget to book your place.

If you would like to attend my next 'Don't Judge you Don't Know Me' please don't forget to book your place. Thank you!

I thought I would have to teach my child about the world. It turns out I have to teach the world about my child.



Autism Spectrum Disorder... through my eyes.



## 'DON'T JUDGE YOU DON'T KNOW ME'



**FRIDAY 2ND OCTOBER 2015**

## SOCIAL EVENTS



**Cuppa Wednesday** - Every Wednesday (Term Time Only) at 10:30am to 11:30am.

**Queens Park Community Hub, South Park, Lincoln, LN5 8EW.**



**Bowling** —Saturday 8th August 2015 @ 5pm.

**Lincoln Bowling, Washingborough Road, Lincoln, LN4 1EF.**



**Autism Support Coffee Meeting**—Saturday 20th June 2015 @ 4pm to 5pm.

**The Angel Coffee House, Free School Lane, Lincoln LN2 1EY**



**'Don't Judge you Don't Know Me'** - Friday 2nd October 2015 @ 9:45am to 1pm.

**Washingborough Methodist Church, Washingborough, Lincoln, LN4 1AT**

**CANadda**

## New Group

Lived Experience working group  
If you would like more information or would like to register your interest contact Katie Faherty via email:

[Katie.faherty@lincolnshire.gov.uk](mailto:Katie.faherty@lincolnshire.gov.uk)

Suitable for people with autism, parents and carers of children or adults young or old.

The meetings will take place in the evenings!

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## Autism Support Coffee Meeting

Saturday 20th June 2015 4pm to 5pm

The Angel Coffee House Free School Lane, Lincoln, LN2 1EY

A place for people with autism and their parents, siblings, or carers to meet and become friends with other people with experience of autism, and get advice off both them, and adults with autistic spectrum disorders. <https://www.facebook.com/events/1547334975526417/>



## Autism Spectrum Disorder

Are you ambitious about autism?

<http://www.ambitiousaboutautism.org.uk/understanding-autism>

## Dyslexia / Dyscalculia

The last word on dyslexia?

<http://www.telegraph.co.uk/education/educationnews/11592620/The-last-word-on-dyslexia.html>

11 Facts About the Math Disorder Dyscalculia

<http://mentalfloss.com/article/62436/11-facts-about-math-disorder-dyscalculia>

## Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

What Is Verbal Dyspraxia?

<http://www.wisegeek.com/what-is-verbal-dyspraxia.htm>

Dysgraphia—I Created an App for That

<http://www.additudemag.com/adhdblogs/30/11108.html>

# ADD/ADHD

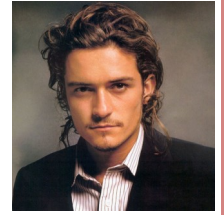
ADHD and Perinatal Mental Health

[http://www.huffingtonpost.co.uk/markwilliams/adhd-and-perinatal-mental-health\\_b\\_7077498.html](http://www.huffingtonpost.co.uk/markwilliams/adhd-and-perinatal-mental-health_b_7077498.html)

Orlando Bloom, actor - **Dyslexia Quote**

“If you have kids who are struggling with dyslexia, the greatest gift you can give them is the sense that nothing is unattainable. With dyslexia comes a very great gift, which is the way that your mind can think creatively.”

—Child Mind Institute



Reference: Learning From Challenges <https://www.understood.org/en/learning-attention-issues/personal-stories/famous-people/celebrity-quotes-learning-from-challenges>

## Summer Bazaar

Thursday 30th July 2015

10am to 3pm

Queens Park Community Hub, South Park, Lincoln, LN5 8EW

There are lots being planned already including a BBQ, yummy!

## Lincoln ODEON Autism Friendly Screening

The Minions Movie 2D  
28 June at 11:30

## Bowling

Hi my name is Adam and I like bowling a lot. I am currently looking for people that would like to come bowling with me once a week at Lincoln Bowling. I don't like playing using the glow in the dark lines and I like to play with the sides down.

If you are interested please contact Christine

07743 929508