



# CANadda Newsletter



July 2015

Issue 71

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## Debbie Marshall

### Chairperson

😊 I have some fantastic news to share with you. Because of the work I do through CANadda in the community I got the opportunity to be a part of creating a flag for the Magna Carter and because I helped with the design of creating a flag I then got picked to parade a flag at the Castle at the Magna Carter Party.

☹️ Now for the bad news, CANadda was hoping to get some funding which would have helped us support people on the spectrum, the autism strategy and our community but it wasn't to be as we didn't get enough votes. Thank you to everyone that voted for us.

😬 CANadda's next bowling event will be Saturday 8th August 2015 @ 5pm. Don't forget to book your place.

If you would like to attend my next 'Don't Judge you Don't Know Me' please don't forget to book your place. Thank you!

Please note we are not having an Autism Support Coffee Meeting in July 2015.

CANadda is setting up some Holiday Club activities for the summer holidays if you would like to bring your children along.

## Fun Raising Events

CANadda will be attending the following events as we are a non profitable organisation and we have to raise our own funds to keep CANadda going. We hope you will come along and support us, thank you!

**Summer Bazaar**, Thursday 30th July 2015, 10am to 3pm, Queens Park Community Hub, South Park, Lincoln, LN5 8EW.

**Famers and Craft Market**, Saturday 1st August 2015, 12pm to 5pm, The Ferry Boat, Washingbough.

**Heighington Xmas Market**, Sunday 6th December 2015, High Street, Heighington.

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## SOCIAL EVENTS

☕ **Cuppa Wednesday** - Every Wednesday (Term Time Only) at 10:30am to 11:30am.

🎉 **Holiday Wednesday Club**— Wednesday 5, 19 and 26 August 2015, 10am to 12pm.

**Queens Park Community Hub, South Park, Lincoln, LN5 8EW.**

🎳 **Bowling** —Saturday 8th August 2015 @ 5pm.  
**Lincoln Bowling, Washingborough Road, Lincoln, LN4 1EF.**

☕ **Autism Support Coffee Meeting**—Saturday 15 August 2015 @ 4pm to 5pm.

**The Angel Coffee House, Free School Lane, Lincoln LN2 1EY**

🎨 **'Don't Judge you Don't Know Me'** - Friday 2nd October 2015 @ 9:45am to 1pm.

**Washingborough Methodist Church, Washingborough, Lincoln, LN4 1AT**

CANadda

## 'DON'T JUDGE YOU DON'T KNOW ME'



**FRIDAY 2ND OCTOBER 2015**



## Autism Support Coffee Meeting

Saturday 15 August 2015 4pm to 5pm

The Angel Coffee House Free School Lane, Lincoln, LN2 1EY

A place for people with autism and their parents, siblings, or carers to meet and become friends with other people with experience of autism, and get advice off both them, and adults with autistic spectrum disorders. <https://www.facebook.com/events/1547334975526417/>



## Autism Spectrum Disorder

What is autism?

<http://www.autism.org.uk/about-autism/autism-an-introduction/what-is-autism.aspx>

## Dyslexia / Dyscalculia

Here's Sir Richard Branson's touching letter to a nine-year-old dyslexic girl <http://www.londonlovesbusiness.com/business-news/london-news/heres-sir-richard-bransons-touching-letter-to-a-nine-year-old-dyslexic-girl/10495.article>

Learning Disabilities: Overview and Facts <http://www.additudemag.com/adhd-web/article/11400.html>

## Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

Quiz: Test Your Knowledge of Dyspraxia <https://www.understood.org/en/learning-attention-issues/child-learning-disabilities/dyspraxia/quiz-test-your-knowledge-of-dyspraxia>

Support your child's learning journey <http://www.theschoolrun.com/dysgraphia-experience>

## ADD/ADHD

Disabled workers forced to take unfit jobs <http://www.theguardian.com/society/2015/jun/23/disabled-workers-forced-take-unfit-jobs>

Attention Deficit Hyperactivity Disorder (ADHD) in adults <http://www.rcpsych.ac.uk/healthadvice/problemsdisorders/adhdinadults.aspx>

## Paddy Considine, actor - Asperger's Quote

"When I started off acting, I was always portrayed as being angry and I wasn't angry," says Considine. "I was just ill, in a way. I wasn't diagnosed with this [Irlen Syndrome], I didn't know what was going on. I was becoming more detached. But I always knew I wasn't that dark guy they were talking about. I had the potential in me, of course, but I wasn't educated about who I was and what I was feeling. Without being too bullshit, you grow. I'm a 40-year-old man now."

Reference:

Paddy Considine: 'I was always portrayed as angry, but I was just ill'

<http://www.theguardian.com/film/2014/sep/07/paddy-considine-actor-i-was-portrayed-angry-i-was-just-ill>



Paddy Considine On Asperger's Syndrome, BBC Radio Dec 2011 <https://www.youtube.com/watch?v=Xco-r-D76Q8>

Paddy Considine: Knowing I have Asperger's is a relief <http://www.telegraph.co.uk/culture/8440399/Paddy->

## 17th Annual Lincoln Autism Conference

Tuesday 10th November 2015

Contact: [theholtbys@btinternet.com](mailto:theholtbys@btinternet.com) or [carol.bentley@ulh.nhs.uk](mailto:carol.bentley@ulh.nhs.uk)

## New Group

Lived Experience working group

If you would like more information or would like to register your interest contact Katie Faherty via email:

[Katie.faherty@lincolnshire.gov.uk](mailto:Katie.faherty@lincolnshire.gov.uk)

Suitable for people with autism, parents and carers of children or adults young or old. The meetings will take place in the evenings!

