



CANadda Newsletter



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
Debbie Marshall


Chairperson


 I have some wonderful news to share with you all! The Washingborough WI have chosen CANadda as their charity of the year. If you live in the Washingborough area please help and support them.

 CANadda's next bowling event will be Saturday 8th August 2015 @ 5pm. Don't forget to book your place, we still have spaces available.

 If you would like to attend my next 'Don't Judge you Don't Know Me' please don't forget to book your place. Thank you! It is a talk on Asperger's which is a milder form of autism.

 We have got some dates for our Holiday Wednesday Club we are having over the summer holidays. There will be plenty of activities for you to come along and enjoy!

 CANadda is coming to Grantham On Saturday 12th September 2015 at 11am. Venue The Tollemache Inn, Grantham. We are coming to meet, people that are looking for support or a social get together. We hope you will come along. If you would like to come along please let me know.

 There has been plenty of programmes on TV over the month of July on autism. There has been the autistic gardener, girls with autism and also my autistic twin & me. Hopefully you have managed to watch them as they have been very interesting and well presented.



Fund Raising Events


CANadda will be attending the following events as we are a non profitable organisation and we have to raise our own funds to keep CANadda going. We hope you will come along and support us, thank you!

Heighington Xmas Market, Sunday 6th December 2015, High Street, Heighington.


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SOCIAL EVENTS

 **Cuppa Wednesday** - Every Wednesday (Term Time Only) at 10:30am to 11:30am. We will be back on Wednesday 9th September 2015.

 **Holiday Wednesday Club** — Wednesday 5, 19 and 26 August 2015, 10am to 12pm.

Queens Park Community Hub, South Park, Lincoln, LN5 8EW.

 **Bowling** —Saturday 8th August 2015 @ 5pm.
Lincoln Bowling, Washingborough Road, Lincoln, LN4 1EF.

 **Autism Support Coffee Meeting**—Saturday 15 August 2015 @ 4pm to 5pm.

The Angel Coffee House, Free School Lane, Lincoln LN2 1EY

 **Autism Support Coffee Meeting**—Saturday 12 September 2015 @ 11am to 1pm.

The Tollemache Inn, 17 St Peter's Hill, Grantham, NG31 6PY

 **'Don't Judge you Don't Know Me'** - Friday 2nd October 2015 @ 9:45am to 1pm.

Washingborough Methodist Church, Washingborough, Lincoln, LN4 1AT

CANadda

'DON'T JUDGE YOU DON'T KNOW ME'



FRIDAY 2ND OCTOBER 2015



Autism Support Coffee Meeting

Saturday 15 August 2015 4pm to 5pm
The Angel Coffee House Free School Lane, Lincoln, LN2 1EY

A place for people with autism and their parents, siblings, or carers to meet and become friends with other people with experience of autism, and get advice off both them, and adults with autistic spectrum disorders. <https://www.facebook.com/events/1547334975526417/>



Autism Spectrum Disorder

Autism isn't a condition, it's just a different way of seeing the world'

<http://www.telegraph.co.uk/men/thinking-man/11752863/Autism-isnt-a-condition-its-just-a-different-way-of-seeing-the-world.html>

It's Official, My Daughter Has Autism

http://www.huffingtonpost.co.uk/renee-davis/its-official-my-daughter-has-autism_b_7580844.html

Dyslexia / Dyscalculia

Dyslexia: A genetic link?

<http://www.dailymail.co.uk/health/article-4169/Dyslexia-A-genetic-link.html>

About dyscalculia

<http://www.aboutdyscalculia.org/symptoms.html>

Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

Supporting employees with Dyspraxia <http://www.rempyblog.co.uk/supporting-employees-with-dyspraxia/>

Checklist: How to Help With Dysgraphia

<https://www.understood.org/en/learning-attention-issues/child-learning-disabilities/dysgraphia/checklist-how-to-help-with-dysgraphia>

ADD/ADHD

What's It Like To Live With ADHD? 12 People Share How It Feels To Live With The Disorder http://www.huffingtonpost.co.uk/2015/07/21/what-its-like-to-live-with-adhd_n_7840336.html

ADHD: 2015's Most Important Research <http://www.medscape.com/viewarticle/848240>

Steven Spielberg, Film Producer - Dyslexia Quote

Legendary film director Steven Spielberg wasn't diagnosed with dyslexia until he was in his 60s. School administrators thought he was lazy. He was bullied by classmates, and his troubles in school played a part in his career. Not only did making movies give him a place to channel his energies, but feeling like an outsider helped him co-write *The Goonies*, a hit movie about a quirky group of friends who didn't quite fit in at school. He said finding out as an adult that he has dyslexia was like "the last puzzle piece to a great mystery that I've kept to myself."



Reference:

Success Stories: Celebrities With Dyslexia, ADHD and Dyscalculia, by Amanda Morin

<https://www.understood.org/en/learning-attention-issues/personal-stories/famous-people/success-stories-celebrities-with-dyslexia-adhd-and-dyscalculia#slide-3>

17th Annual Lincoln Autism Conference

Tuesday 10th November 2015

Contact: theholtbys@btinternet.com or
carol.bentley@ulh.nhs.uk

New Group

Lived Experience working group

If you would like more information or would like to register your interest contact Katie Faherty via email:

Katie.faherty@lincolnshire.gov.uk

Suitable for people with autism, parents and carers of children or adults young or old. The meetings will take place in the evenings!

Girls with Autism

<https://www.itv.com/itvplayer/girls-with-autism/series-1/episode-1-girls-with-autism>

