



# CANadda Newsletter



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## Debbie Marshall

### Chairperson



CANadda has its AGM on Tuesday 22nd September 2015. This meeting is open to everyone, if you would like to come along and find out what we have been up to over the past year, anyone will be welcome to join me.



CANadda's next bowling event will be Saturday 17th October 2015 @ 5pm. Don't forget to book your place.



It isn't long now before my talk on Asperger's. If you would like to attend my next 'Don't Judge you Don't Know Me' please don't forget to book your place there are still spaces available, Thank you! It is a talk on Asperger's which is a milder form of autism.



CANadda is coming to Grantham On Saturday 12th September 2015 at 11am. Venue The Tollemache Inn, Grantham. We are coming to meet people that are looking for support or a social get together. We hope you will come along. If you would like to come along please let me know.

## AGM (CANadda)

Tuesday 22nd September 2015, at 10am.

Queens Park Community Hub, South Park, Lincoln, LN5 8EW.

## Fund Raising Events

CANadda will be attending the following events as we are a non profitable organisation and we have to raise our own funds to keep CANadda going. We hope you will come along and support us, thank you!

**Branston Xmas Market**, Saturday 28th November 2015, Branston.

**Heighington Xmas Market**, Sunday 6th December 2015, High Street, Heighington.

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## SOCIAL EVENTS



**Cuppa Wednesday** - Every Wednesday (Term Time Only) at 10:30am to 11:30am. We will be back on Wednesday 9th September 2015.



**Holiday Wednesday Club** — Wednesday 28 October 2015, 10am to 12pm.

Queens Park Community Hub, South Park, Lincoln, LN5 8EW.



**Bowling** — Saturday 17th October 2015 @ 5pm.

Lincoln Bowling, Washingborough Road, Lincoln, LN4 1EF.



**Autism Support Coffee Meeting**—Saturday 26 September 2015 @ 3.45pm.

The Angel Coffee House, Free School Lane, Lincoln LN2 1EY



**Autism Support Coffee Meeting**—Saturday 12 September 2015 @ 11am to 1pm.

The Tollemache Inn, 17 St Peter's Hill, Grantham, NG31 6PY



**'Don't Judge you Don't Know Me'** - Friday 2nd October 2015 @ 9:45am to 1pm.

Washingborough Methodist Church, Washingborough, Lincoln, LN4 1AT

## 'DON'T JUDGE YOU DON'T KNOW ME'



FRIDAY 2ND OCTOBER 2015



## Autism Support Coffee Meeting

Saturday 26 September 2015 3.45pm.

The Angel Coffee House Free School Lane, Lincoln, LN2 1EY

A place for people with autism and their parents, siblings, or carers to meet and become friends with other people with experience of autism, and get advice off both them, and adults with autistic spectrum disorders.



## Autism Spectrum Disorder

Being deafened by malls, trying to look 'normal' and accidentally causing offence: People with autism explain the challenges they face in everyday life.

[People with autism explain what it's like to be on the spectrum](#)

## Dyslexia / Dyscalculia

'Teachers thought I was lazy': Darcey Bussell reveals struggle with dyslexia that drove her to hide in cupboards at school to escape the 'horrible challenge' of writing.

[Darcey Bussell reveals painful struggle with dyslexia](#)

How do you solve a problem like dyscalculia?

[http://horizon-magazine.eu/article/how-do-you-solve-problem-dyscalculia\\_en.html](http://horizon-magazine.eu/article/how-do-you-solve-problem-dyscalculia_en.html)

## Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

[Why You Should Never Give Up on Your Dreams.](#)

[Why You Should Never Give Up on Your Dreams](#)

[Understanding Dysgraphia.](#)

[Understanding Dysgraphia](#)

## ADD/ADHD

Young people may NOT grow out of ADHD: Many of those diagnosed suffer memory problems even as adults, scans reveal.

[Young people may NOT grow out of ADHD](#)

## James Durbin, Singer Tourettes & Asperger's Quote

"I have Tourette's and Asperger's, but Tourette's and Asperger's don't have me. You know, I'm doing what I can to suppress it and I don't let it take advantage of me. It's not who I am. You know, I'm James Durbin. Like I said in the beginning, I am here to show America who I am, and it is what it is".

Read more at <http://www.brainyquote.com/quotes/quotes/j/jamesdurbi414588.html#UicGkCML3wJ0Llr.99>

Reference: <http://www.brainyquote.com/quotes/quotes/j/jamesdurbi414588.html>



## Snow White & the Seven Dwarfs Lincoln Drill Hall

The date of the performance is: Monday 28th December 2015 at 2.00pm

The Lincoln Drill Hall each year set aside a performance with families with children or relatives with special needs called the relaxed performance. The lights in the theatre are raised slightly and the music is lower and there is no pressure to stay in your seat! We feel it is very important the theatre should be accessible for everyone and nobody should miss out or be made to feel uncomfortable.

It shouldn't matter how slowly  
a CHILD learns  
as long as we are encouraging them  
not to stop

Robert John Meehan

