



CANadda



Newsletter

June 2016

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Tel: 01522 716899

Web Site: www.canadda.org.uk

Email: canadda@canadda.org.uk

Debbie Marshall

Chairperson

I can announce some wonderful news! Jane and Sam have started up a coffee meeting in Market Rasen under CANadda. I am sure you will wish them the best of luck along with me. I am confident they will be very successful reaching out to people around the Market Rasen area helping and supporting people.

Our last bowling event was fun and a laugh like always and congratulations to Chris who was the winner. It was Chris's first time bowling with us. I shall look at arranging another one in the near future.



I have recently been to Grantham and did a coffee meeting there for members. It was great meeting people for the first time and putting a face to a name.

I hope to see you all soon!

CANadda - LINCOLN

SOCIAL EVENTS



Cuppa Wednesday - Every Wednesday (Term Time Only) at 10:30am to 11:30am.



Fun Day / Craft Fair - Saturday 13 August 2016, 11am to 4pm.

Queens Park Community Hub, South Park, Lincoln, LN5 8EW.



Health Awareness Day— Saturday 9th July 2016, 10am to 4pm.

Branston Village Hall, Branston, Lincoln, LN4.



Autism Support Coffee Meeting—Saturday 18th June 2016, 3pm.

The Drill Hall, Lincoln, LN2 1EY.



'Don't Judge You Don't Know Me' - Asperger's Talk, Friday 14 October 2016.

Washingborough Methodist Church, Lincoln, LN4 1AT



DON'T JUDGE

YOU DON'T KNOW ME



DEBBIE MARSHALL

TALK ABOUT ASPERGER'S

14 October 2016

CANadda - MARKET RASEN

SOCIAL EVENTS



Autism Support drop in Coffee Meeting- Every Wednesday evening 6pm to 8pm.

Fletcher Court, Mill Road, Market Rasen, LN8 3BP

Queen's 90th Birthday Tea Party

CANadda has a stall at the Queen's 90th Birthday Tea Party to raise money and a awareness. We hope to see you there! We might be dressing up !

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WELCOME TO SPERGY

It has been a long journey but we have finally reached the time to reveal to you; **YOUR** community!

SO, this is a special launch for everyone who has been waiting very patiently for us.

I will publicly share on social media at 12:00pm (gmt) today!

This is an arts-based platform so your creations are welcome!



[Visit us at Spergy.org](http://www.spergy.org)

Autism Spectrum Disorder

Adults with Autism.org.uk

<http://adultswithautism.org.uk/what-is-autism/>

Dyslexia / Dyscalculia

Give people with dyslexia better support at work, says CSP <http://www.csp.org.uk/news/2016/05/20/give-people-dyslexia-better-support-work-says-csp>

8th National Dyscalculia & MLD Conference
29 June 2016 <http://www.dyscalculia-maths-difficulties.org.uk/>

Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

Take Part in Dyspraxia Research with Nottingham University
<http://westbridgfordwire.com/interested-dyspraxia-research-nottingham-university/>

Dysgraphia in school - difficulty with writing
[Dysgraphia in school - difficulty with writing | The Good Schools Guide](#)

ADD/ADHD

Think you're depressed? It could be adult ADHD: Mark was finally diagnosed correctly after years on antidepressants <http://www.dailymail.co.uk/health/article-3581791/Think-depressed-adult-ADHD-Mark-finally-diagnosed-correctly-years-antidepressants.html>

Temple Grandin, author, speaker, cited expert in many publications and video producer Quotes.

"I am different, not less."

"Nature is cruel, but we don't have to be."

"If I could snap my fingers and be nonautistic, I would not. Autism is part of what I am."

Reference: https://www.goodreads.com/author/quotes/1567.Temple_Grandin



Autism Support drop in Coffee Meeting Promoting awareness and acceptance

Every Wednesday evening, 6pm - 8pm

Fletcher Court, Mill Road, Market Rasen, LN8 3BP

- Everyone welcome who has any kind of a link to Autism/Asperger Syndrome.
- Newly diagnosed son or daughter or grandchild and want to know more.
- Want to make friends you can share your stories and thoughts with.
- Very informal place to feel at home and be made welcome.

And if you are autistic or think you might be, you will be especially welcome.



Contact Jane Ladley for more information

E. janeladley@hotmail.com

T. 07939643709



Butterfly Drama Club 16+

For adults with additional needs

7 June at 7pm to 8:30pm

Lincoln Drill Hall, Freeschool Lane, Lincoln, LN2 1EY

<https://www.facebook.com/events/247982582231853/>

Lincoln Odeon—Autism Friendly

Thomas and Friends The Great Race—19th June 2016

The Boss—20th June 2016

<http://www.odeon.co.uk/accessibility/autism-friendly-cinema-screenings/>