



CANadda



Newsletter

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Debbie Marshall — Chairperson

At our Fun Day on Saturday 13 August Tom and Sophie raised a fantastic amount of money (£100) for CANadda as Tom (Vice Chair of CANadda) was brave enough to allow Sophie to do a make over on him. If anyone would like to donate any money there is still time as I am sure you would all agree Tom was very brave and not many men would have had a make over:)) https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=8EMB3JQJK6UHC



Our AGM this year will be on Friday 30 September at 11:30am you are all welcome to come along.

Cuppa Wednesday will be back on Wednesday 7th September at 10:30am.

I am really looking forward to meeting up with some of you on Saturday 10 September in Leadenham. If anyone is interested please let me know.

SOCIAL EVENTS

 **Cuppa Wednesday** - Every Wednesday (Term Time Only) at 10:30am to 11:30am.

 **Body Shop** - Tuesday 8 November 2016, 10:30 to 12pm—12:30pm. TBC

Queens Park Community Hub, South Park, Lincoln, LN5 8EW.

 **Social meet up**—Saturday 10 September, 1pm

George Hotel (Nr Grantham), 20 High Street, Leadenham, Lincoln, LN5 0PN

 **Autism Support Coffee Meeting**—Saturday 24th September 2016, 3pm.

The Drill Hall, Lincoln, LN2 1EY.

 **Bowling**—Saturday 8 October 2016 @ 5pm.

Lincoln Bowling, Washingborough Road, Lincoln, LN4 1EF

 **'Don't Judge You Don't Know Me'** - Asperger's Talk, Friday 14 October

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AGM

Friday 30 September 2016

11:30am

Queens Park Community Hub, South Park, Lincoln, LN5 8EW

different...



not less.

autism acceptance

DON'T JUDGE

YOU DON'T KNOW ME



DEBBIE MARSHALL

TALK ABOUT ASPERGER'S

14 October 2016

This unique presentation is to educate people about the condition. It has been put together by Debbie Marshall as she wants to invite you into her exclusive world of having Asperger's from a personal perspective. This talk focuses on Sensory, Anxiety and a Meltdown in detail. For more information contact **CANadda**

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Sian Hutchings entered a photo competition and her photo was chosen and has been included in 2017 places to visit in Lincolnshire calendar. This calendar can be bought from Ruddocks for £4.99. Sian volunteers for CANadda.



Autism Spectrum Disorder

So is your impossible husband actually autistic? Research reveals thousands of British men have gone undiagnosed <http://www.dailymail.co.uk/health/article-3715997/So-impossible-husband-actually-autistic-Research-thousands-British-men-gone-undiagnosed.html>

Dyslexia / Dyscalculia

Lincolnshire student turns her disability into an academic success

<http://www.lincolnshireecho.co.uk/lincolnshire-student-turns-her-disability-into-an-academic-success/story-29593962-detail/story.html>

Dyscalculia

<https://www.justcarers.co.uk/dyscalculia/>

Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

Dyspraxia, anxiety and the unknown <https://thinkoutsideofthecardboardbox.blogspot.co.uk/2016/03/dyspraxia-and-body-confidence.html>

Dysgraphia Help

<http://www.dysgraphiahelp.co.uk/>

ADD/ADHD

Meet Mr Autastic the autistic boy hoping to change the world's perspective one click at a time <http://www.chroniclive.co.uk/news/north-east-news/meet-mr-autastic-autistic-boy-11691389>

James Durbin, singer, Asperger' & Tourette Syndrome Quote.

" Durbin says he's actually now grateful for the condition because it gives him a chance to help others who might also have disabilities, and his aim is to be a role model to them".

Reference: <http://www.people.com/article/james-durbin-american-idol-living-with-aspergers-tourettes>



MEET UP

George Hotel (Nr Grantham)

20 High Street, Leadenham,
Lincoln, LN5 0PN

Saturday 10th September @ 1pm

<http://www.thegeorgeatleadenham.co.uk/>

I can meet you outside the Hotel



Research into Autism

I am a research assistant at Royal Holloway, University of London. We are currently looking for adults on the autism spectrum to take our survey about autism acceptance and mental health. The aim is to see how experiences of autism acceptance impact upon the mental health of adults on the autism spectrum.

The survey can be completed online here: tinyurl.com/cagesurvey and takes between 10 and 20 minutes to complete. Everyone who completes the survey will be entered into a prize draw to win a £50 Amazon voucher. If you could share our survey with those who attend your support group, we would be extremely grateful.

Lincoln Odeon—Autism Friendly

Kubo And The Two Strings - Sunday 18th September

Bridget Jones's Baby - Monday 19th September

<http://www.odeon.co.uk/accessibility/autism-friendly-cinema-screenings/>