



CANadda



Newsletter

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Debbie Marshall — Chairperson

Hello, this will be your last chance to book your place on my talk 'Don't Judge You Don't Know Me'. There are still places available.

There are still spaces available if anyone is still interested in coming along to our Bowling event. This social event has always been fun and successful.

Because I have a lot happening coming up to Christmas I shall not be looking at returning to Grantham for the rest of this year. I shall though be returning back next year.

At our Christmas Fayre this year on Wednesday 30 November 10am to 2pm, we are looking at given autistic people and people with a learning disability a chance to show case their work at the Christmas Fayre and also don't forget to book in for our Xmas lunch this year.

Relax Pantomime Performance The lights are raised slightly, the music is lowered and there is no pressure to stay in your seat.



DEBBIE MARSHALL TALK ABOUT ASPERGER'S

14 October 2016

SOCIAL EVENTS

Cuppa Wednesday - Every Wednesday
(Term Time Only) at 10:30am to 11:30am.

Body Shop - Tuesday 8 November 2016,
10:30 to 12pm—12:30pm. TBC

Xmas Lunch—Wednesday 14th December
2016, 12pm. More details to follow.

Queens Park Community Hub, South Park, Lincoln, LN5 8EW.

Autism Support Coffee Meeting—Saturday
22th October 2016, 3pm.

The Drill Hall, Lincoln, LN2 1EY.

Bowling —Saturday 8 October 2016 @ 5pm.

Lincoln Bowling, Washingborough Road, Lincoln, LN4 1EF

'Don't Judge You Don't Know Me' -
Asperger's Talk, Friday 14 October 2016.

Washingborough Methodist Church, Lincoln, LN4 1AT

CANadda

This unique presentation is to educate people about the condition. It has been put together by Debbie Marshall as she wants to invite you into her exclusive world of having Asperger's from a personal perspective. This talk focuses on Sensory, Anxiety and a Meltdown in detail.

For more information contact [CANadda](http://www.canadda.org.uk)

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Up coming CANadda Fund Raising Events 2016

Branston Christmas Market 26 November 1:30pm to 6pm

Rectory Lane, Branston

Xmas Fayre Wednesday 30 November 10am to 2pm.

Show Case Art & Craft Work Wednesday 30 November 10am to 2pm

Queens Park Community Hub, South Park, Lincoln, LN5 8EW

Heighington Christmas Market 4 December .12pm to 4pm

High Street, Heighington

Autism Spectrum Disorder

Sex education 'fails young people with autism'

<http://www.cambridgenetwork.co.uk/news/sex-education-fails-young-people-with-autism/>

Dyslexia / Dyscalculia

Living with Dyslexia:

<http://www.beatingdyslexia.com/living-with-dyslexia.html>

Dyscalculia Do It Profiler <http://doitprofiler.com/resources/employee/hidden-impairments/specific->

Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

'Real Life' Dyspraxia

<https://www.dfyouth.org.uk/support/real-life-dyspraxia/>

Dysgraphia - info for staff <http://www.brainhe.com/staff/types/dysgraphiastaff.html>

ADD/ADHD

This mum explains what it's like to have a child with ADHD <http://www.walesonline.co.uk/news/health/mum-explains-what-its-like-11924647>

Michael Phelps, Olympic gold medallist, ADHD Quote.

"When I'm focused, there is not one single thing, person, anything that can stand in the way of my doing something. There is not. If I want something bad enough, I feel I'm gonna get there."

—No Limits: The Will to Succeed

Reference: <https://www.understood.org/en/learning-attention-issues/personal-stories/famous-people/celebrity-quotes-learning-from-challenges#slide-9>



Dyspraxia Foundation - Participants Wanted

Experience of social relationships in adults with Developmental Co-ordination Disorder

You are eligible to take part if you have DCD/Dyspraxia ,or have had motor difficulties since childhood and think you may have DCD

If you are **18-40 years of age**

https://www.surveymonkey.com/r/DCD_DCD

Experience of social relationships in adult without Developmental Co-ordination Disorder (Dyspraxia)

You are eligible to take part if you don't have DCD/Dyspraxia or not have had any significant motor difficulties since childhood or think you may have DCD.

You are **18-40 years of age.**

https://www.surveymonkey.com/r/TD_TD

Facebook CANadda Closed Group

<https://www.facebook.com/groups/449546831783702/>

CANadda's Facebook closed group gives our members opportunity to join in conversation and to be included in up to information.

Lincoln Odeon—Autism Friendly

Storks (select cinemas) - Friday 28th October

Trolls - Sunday 30th October

Fantastic Beast And Where To Find Them - Sunday 27th November

Doctor Strange - Monday 28th November

<http://www.odeon.co.uk/accessibility/autism-friendly-cinema-screenings/>