



CANadda



Newsletter

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Debbie Marshall — Chairperson



I can't believe another year is all most over. Thank you to everyone for your continued support. It has been a strange year so I am hoping next year will be a better one.



CANadda's last Cuppa Wednesday before Christmas is on Wednesday 14th December. Followed by our Christmas lunch. A three course meal at the Hub will cost £7 per person.

If you would like to come along to this years Christmas lunch then please don't forget to book your place. The last couple of years this event has been well supported.

Cuppa Wednesday will be back on Wednesday 4th January 2017 at 10:30am.

If anyone is interested in going to watch the new Star Wars film and you would like to go with CANadda then if you could message me your interest I can then make arrangements with you about going.

On behalf of CANadda I would like to wish you all a very Merry Christmas and a Happy New Year.



SOCIAL EVENTS



Cuppa Wednesday - Every Wednesday (Term Time Only) at 10:30am to 11:30am.



Xmas Lunch—Wednesday 14th December 2016, 12pm. More details to follow.

Queens Park Community Hub, South Park, Lincoln, LN5 8EW.

CANadda

INVITATION TO TAKE PART IN A RESEARCH STUDY

WHO AM I AND WHAT IS THE STUDY?

My name is Amy Hogg and I am a third year psychology student at the University of Lincoln, and this study is for my dissertation. The project is titled "Developmental patterns of sensory and autistic behaviours in children on the autism spectrum". It aims to examine the developmental trajectories of sensory sensitivities (hyper/hypo), and to what extent they influence the expression of autistic symptoms.

BACKGROUND

Why carry out this study?

Previous research has shown that sensory sensitivities are more prominent in younger children with ASC. These sensitivities interfere with aspects of everyday life, such as learning, and their ability to explore and interact with the environment. What we want to do is see how these sensory sensitivities emerge and develop over time. This information could contribute to our understanding of the role of sensory sensitivities, and the part that they play in the development of autistic behaviours and abilities.

WHY DOES THIS MATTER?

It is important to understand the developmental trajectories of sensory sensitivities in autism as it will better our understanding of the needs of individuals with autism. It is the first step in working towards making sure that individuals with ASC have these needs met. Furthermore, help to ensure that suitable interventions and treatment protocols are put into place.

Link - https://lincolnpsych.eu.qualtrics.com/SE/?SID=SV_b7mNsgNn4YUteXh

ANY QUESTIONS? DON'T HESITATE TO CONTACT US
Lead Investigator Amy Hogg 14502128@students.lincoln.ac.uk
Supervisor Niko Kargas nkargas@lincoln.ac.uk

CAN I TAKE PART?

We are looking for parents and caregivers of children aged 3-14 years with a formal ASC diagnosis.

HOW DO I TAKE PART?

If you are interested in taking part, you (the caregiver) will be required to complete two online questionnaires about your child. One questionnaire measures autistic traits in children, the other measures sensory behaviour. Both questionnaires should take no longer than 25 minutes to complete.

ANY QUESTIONS? DON'T HESITATE TO CONTACT US

Lead Investigator - Amy Hogg
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01522 88672

TO PROCEED TO THE STUDY PLEASE CLICK [HERE](#)

CONFIDENTIALITY

Your participation in this study is voluntary and you have the right to withdraw your participation at any time. You can withdraw consent up to four weeks after participating by contacting the researchers, or 14502128@students.lincoln.ac.uk. If you wish to withdraw your data anonymously, you will receive a full dataset following completion of the questionnaires. All participant data will be anonymised as you will be assigned a participant number. We do not ask for you or your child's name, or any other personal information.

Up coming CANadda Fund Raising Events 2016

Heighington Christmas Market 4 December .12pm to 4pm,
High Street, Heighington

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Dyspraxia Foundation - Participants Wanted

Experience of social relationships in adults with Developmental Co-ordination Disorder

You are eligible to take part if you have DCD/Dyspraxia, or have had motor difficulties since childhood and think you may have DCD

If you are **18-40 years of age**

https://www.surveymonkey.com/r/DCD_DCD

Experience of social relationships in adults without Developmental Co-ordination Disorder (Dyspraxia)

You are eligible to take part if you don't have DCD/Dyspraxia or not have had any significant motor difficulties since childhood or think you may have DCD.

You are **18-40 years of age**.

https://www.surveymonkey.com/r/TD_TD

Autism Spectrum Disorder

All my life suddenly made sense!: how it feels to be diagnosed with autism late in life

<https://www.theguardian.com/society/2016/nov/19/autism-diagnosis-late-in-life-asperger-syndrome-john-harris>

Dyslexia / Dyscalculia

From Struggle To Success!: Celebrities You Didn't Know Were Diagnosed With Dyslexia

<http://www.parentherald.com/articles/80711/20161103/from-struggle-to-success-celebrities-you-didnt-know-were-diagnosed-with-dyslexia.htm>

What Is Dyscalculia?

<http://www.additudemag.com/adhd/article/12223.html>

Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

Dyspraxia is more than just 'clumsy child syndrome' – it can cause emotional distress and anxiety

<http://www.independent.co.uk/life-style/health-and-families/dyspraxia-is-more-than-just-clumsy-child-syndrome-it-can-cause-emotional-distress-and-anxiety-a7416081.html>

How to Treat the Symptoms of Dysgraphia

<http://www.additudemag.com/adhd/article/12280.html>

ADD/ADHD

Why it's time to investigate the overlap between autism and ADHD

<https://www.theguardian.com/science/blog/2016/nov/17/why-its-time-to-investigate-the-overlap-between-autism-and-adhd-attention-deficit-hyperactivity-disorder->

Tim Burton

American film director, producer, writer, artist and animator

"Every person, whether famous or not, has gifts, talents, and purpose. And every person who perseveres despite flaws and adversity makes a difference in the world".

Reference: <http://www.myaspergers.net/what-is-aspergers/famous-people-with-autism-tim-burton/>



Want to take part in autism research?



We want to understand the biomedical causes of autism spectrum conditions, and develop new methods for assessment and ways to offer support.

With your help we can achieve this!

Studies include: personality tests, genetic research, cognition tests, and brain scans

If you are over 16 with a diagnosis on the autism spectrum, or a parent of child/ren with a diagnosis on the autism spectrum please go to

<https://autismresearchcentre.net> (or scan the QR code) for additional information and registration.



Lincoln Odeon—Autism Friendly

Moana - Sunday 11th December at 10.15

Sully - Monday 12th December at 18.00

Rogue One: A Star Wars Story - Friday 30th December at 10.15

<http://www.odeon.co.uk/accessibility/autism-friendly-cinema->