



CANadda



Newsletter

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Debbie Marshall

Chairperson

Happy New Year

Good bye 2016 and hello 2017. I don't know about everyone else but I found 2016 a challenging year in lots of ways. I am glad to see 2016 has finished and I am looking for a better 2017 for all of us.

I am currently sorting out some social events including bowling but for any up to date information please join our closed group Facebook page where you will get regular social updates.

CANadda's Cuppa Wednesday is back on Wednesday 10:30am to 11:30am. You are welcome to come along and join me for a cuppa and a chat. Please let me know in advance if you would like a private catch up due to sometimes more than one person wants to see me.

I am looking at planning some events for 'World Autism Awareness Week' if anyone would like to help or get involved please let me know.

SOCIAL EVENTS



Cuppa Wednesday - Every Wednesday
(Term Time Only) at 10:30am to 11:30am.



Onesie Wednesday 'World Autism Awareness Week'—Wednesday 29 March 2017.

10:30am to 11:30pm—Cuppa Wednesday.

12pm to 1pm—Lunch TBC.

(Onesie optional)

Queens Park Community Hub, South Park, Lincoln, LN5 8EW.



Bowling —Saturday 18 February 2017 @ 5pm TBC.



Bowling World 'Autism Awareness Week' —Saturday 1st April 2017 @ 5pm TBC.

Bowling, Washingborough Road, Lincoln, LN4 1EF.



'Don't Judge You Don't Know Me' -
Asperger's Talk, Date 2017 TBC.

Washingborough Methodist Church, Lincoln, LN4 1AT

CANadda



Raising a child with Special Needs does not take a special family. It makes a family special.



Autism Spectrum Disorder, through my eyes

**March 2017 Conference:
Dyspraxia/DCD Through the Ages
Doncaster**

<http://dyspraxiafoundation.org.uk/march-2017-conference-dyspraxiadcd-ages-doncaster/>

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Adults with Autism
were once children
with Autism.
They too, need
understanding, acceptance
and awareness.



Autism Spectrum Disorder, through my eyes

Autism Spectrum Disorder

Autism: 'hidden pool' of undiagnosed mothers with condition emerging <https://www.theguardian.com/society/2016/dec/26/autism-hidden-pool-of-undiagnosed-mothers-with-condition-emerging>

Dyslexia / Dyscalculia

Dyslexia: Major cause of learning difficulty may have been discovered by neuroscientists

<http://www.independent.co.uk/news/science/dyslexia-learning-difficulty-why-how-major-reason-discover-found-mit-boston-neuroscientists-a7488701.html>

About Dyscalculia

<http://www.aboutdyscalculia.org/symptoms.html>

Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

Dyspraxia is more than just 'clumsy child syndrome' – it can cause emotional distress and anxiety throughout life

<http://www.independent.co.uk/life-style/health-and-families/dyspraxia-is-more-than-just-clumsy-child-syndrome-it-can-cause-emotional-distress-and-anxiety-a7416081.html>

What Is Dysgraphia?

<http://www.additudemag.com/adhd/article/12268.html>

ADD/ADHD

Heston Blumenthal criticises 'Victorian' school system which stigmatises 'special needs' ADHD children

<http://www.telegraph.co.uk/education/2016/12/21/heston-blumenthal-criticises-outdated-school-system-stigmatises/>

Temple Grandin

Autism spokesperson, author and consultant
to the livestock industry on animal behaviour

I think the core criterion is the social awkwardness, but the sensory issues are a serious problem in many, many cases of autism, and they make it impossible to operate in the environment where you're supposed to be social.

Reference: <https://www.brainyquote.com/quotes/keywords/autism.html>



autism research centre



Want to take part in autism research?



We want to understand the biomedical causes of autism spectrum conditions, and develop new methods for assessment and ways to offer support.

With your help we can achieve this!

Studies include: personality tests, genetic research, cognition tests, and brain scans

If you are over 16 with a diagnosis on the autism spectrum, or a parent of child/ren with a diagnosis on the autism spectrum please go to

<https://autismresearchcentre.net> (or scan the QR code) for additional information and registration.



Lincoln Odeon—Autism Friendly

Check out the latest Autism Friendly film showings.

<http://www.odeon.co.uk/accessibility/autism-friendly-cinema-screenings/>