



CANadda



Newsletter

February 2017

Issue 90

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Debbie Marshall

Chairperson

I have been busy getting some social events ready for World Autism Awareness Week Monday 27 March to Sunday 2 April so there are plenty of events going on that week if you want to get involved or come along and support. You can find more information below.

Our 'Onesie Wednesday' event that week, we aim to make it as autism friendly as best as possible. If you are planning on coming and you have any special requirements please let me know.

If anyone has any special requirements when coming along to any of our social events please let us know in advance so we can try and make any reasonable adjustments.

There are still spaces available for our next bowling event if anyone that hasn't already booked their place yet. This event has always been successful and it gives individuals a chance to come along and socialise and meet other people that understand.

If you are an autistic individual I am looking for some quotes from you. I am putting some quotes together for World Autism Awareness Week. I am sure you can be creative and come up with some, if so please let me know, you can email me them, thanks.

SOCIAL EVENTS



Cuppa Wednesday - Every Wednesday
(Term Time Only) at 10:30am to 11:30am

Queens Park Community Hub, South Park, Lincoln, LN5 8EW



Bowling —Saturday 25 February 2017 @ 5pm
Washingborough Road, Lincoln, LN4 1EF



Leadenham Social Meet Up—Saturday 13
May, 1pm

**George Hotel (Nr Grantham), 20 High Street, Leadenham,
Lincoln, LN5 0PN**



'Don't Judge You Don't Know Me' -
Asperger's Talk, Date 2017 TBC.

Washingborough Methodist Church, Lincoln, LN4 1AT

CANadda

INVITATION TO TAKE PART IN A RESEARCH STUDY

Developmental patterns of sensory and autistic behaviours in children on the autistic spectrum

To be eligible we are looking for children aged 3 to 14 years with a formal ASD diagnosis.

Please contact Ms. Janet Amy Hogg for more information:- 14502128 @students.lincoln.ac.uk

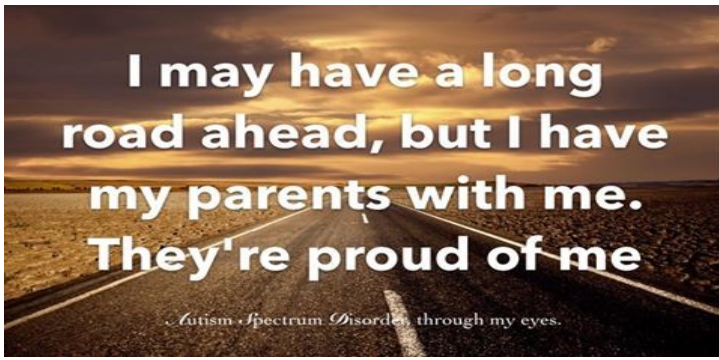
Online survey — https://lincolnpsych.eu.qualtrics.com/SE/?SID=SV_b7mNsgNn4YUTeXH

Autism doesn't define me I define Autism
~ Carly Feischmann
Autism Spectrum Disorder, through my eyes

"We're focusing so much on academics that we've TAKEN OUT things like art, sewing, cooking, woodworking, music, and other things that INTRODUCE kids to careers."
- DR. TEMPLE GRANDIN

FHAutism.com

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Autism Spectrum Disorder

Autism and Screen Time: Special Brains, Special Risks
<https://www.psychologytoday.com/blog/mental-wealth/201612/autism-and-screen-time-special-brains-special-risks>

Dyslexia / Dyscalculia

The questions parents of children with special needs should be asking
<http://www.telegraph.co.uk/education/2017/01/04/questions-parents-children-special-needs-should-asking/>

Dyscalculia: when maths becomes anxiety
<http://www.telegraph.co.uk/education/2017/01/12/dyscalculia-maths-becomes-anxiety/>

Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

Awareness day for dyspraxia
<http://www.thestar.co.uk/news/awareness-day-for-dyspraxia-1-8331068>

How to help dysgraphic children improve their writing
<http://www.iansyst.co.uk/news/assistive-technology-dyslexia/how-to-help-dysgraphic-children-improve-their-writing/801758546>

ADD/ADHD

The Art of Happiness — and Self-Esteem
<http://www.additudemag.com/adhd/article/12326.html>

Jim Carrey ADHD actor

I've arrived at the place if I'm not taking a career risk, I'm not happy. If I'm scared, then I know I'm being challenged.

Reference: https://www.brainyquote.com/quotes/authors/j/jim_carrey.html



World Autism Awareness Week

Monday 27 March — Sunday 2 April 2017

CANadda will be supporting 'World Autism Awareness Week' this year and here is a list of events that will be taking part if you wish to join us.

Tuesday 28 March – Easter Fayre 10am to 2pm
(FREE ENTRY)

Wednesday 29 March – Onesie Wednesday / Cuppa Wednesday, 10:30pm to 11:30pm,
(Onesies are optional)

Wednesday 29 March – Onesie Wednesday Buffet Lunch, 12pm to 1pm, (Buffet lunch £2.50 per person, drinks are extra and Onesies are optional)

Queens Park Hub, South Park, Lincoln, LN5 8EW

Saturday 1 April – Bowl & Eat, 5pm
(Onesies are optional)

Washingborough Road, Lincoln, LN4 1EF

Sunday 2 April – Tesco 10am to 4pm
Canwick Road Trading Estate, Lincoln, LN5 8HS



Lincoln Odeon—Autism Friendly

Check out the latest Autism Friendly film showings

<http://www.odeon.co.uk/accessibility/autism-friendly-cinema-screenings/>