



# CANadda



June 2017

Issue 94

## Newsletter

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### Debbie Marshall — Chairperson

Thank you for to those individuals who came along to Leadenham at the George Hotel, it was great catching up with people, good company and food.

Our next bowling event will be on Saturday 8 July, Please let me know if you are coming and what food you would like. I don't know the price yet. As soon as I know I will put the information out on our Facebook page.

If anyone is interested going around with me in Lincoln to do the Knight Trail please let me know and I will look at getting a date together.

On Friday 16 June 2017 I shall be attending a Music Festival at St Christopher's school. If anyone with like to go and meet up with me then please let me know and I will sort out a time and place where to meet you.

On Saturday 19 August 1917, I am going to complete an unique Mannequin Challenge in the city of Lincoln, I am looking for sponsors. If anyone would like to sponsor me you can either let me know by email or Facebook. Otherwise you can go onto CANadda's web site and make a donation via Paypal. <http://www.canadda.org.uk/>

Hi, my name is Debbie Marshall and I have been delivering inspirational and positive talks, training, presentations and lectures on autism for seven years. I have years of lived experience as well as a diploma in autism and I also have a teaching qualification. I have helped Lincoln County Council and NHS put autism intermediate training together for Lincolnshire. In 2016 and 2017 I was one of the finalists at the NAS Professionals Awards.

### SOCIAL EVENTS



**Cuppa Wednesday** - Every Wednesday  
(Term Time Only) at 10:30am to 11:30am

Queens Park Community Hub, South Park, Lincoln, LN5 8EW



**St. Christopher's Music and Dance Festival**  
— Friday 16 June, 7pm to 10pm

Hykeham Road, Lincoln LN6 8AR



**'Don't Judge You Don't Know Me'** -  
Friday 16 June 9:45am Asperger's Talk

Washingborough Methodist Church, Lincoln, LN4 1AT



**Bowling** — Saturday 8 July, 5pm

Washingborough Road, Lincoln, LN4 1EF

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### DON'T JUDGE YOU DON'T KNOW



DEBBIE MARSHALL

TALK ABOUT  
ASPERGER'S

16 June 2017

This unique presentation is to educate people about the condition. It has been put together by Debbie Marshall as she wants to invite you into her exclusive world of having Asperger's from a personal perspective. This talk focuses on Sensory, Anxiety and a Meltdown in detail. For more information contact

CANadda

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## St. Christopher's Music and Dance Festival

16 June 2017— 7pm

# Autism Spectrum Disorder

As a woman with Asperger's, I can't be stereotyped by anyone <https://inews.co.uk/essentials/news/uk/tamsin-parker-woman-aspergers-i-cant-stereotyped-anyone/>

# Dyslexia / Dyscalculia

Dyslexia should be recognised as a sign of potential, says Richard Branson <http://www.independent.co.uk/news/people/dyslexia-richard-branson-potential-intelligence-genius-advantage-virgin-a7710676.html>

Dyscalculia: when maths becomes anxiety <http://www.telegraph.co.uk/education/2017/01/12/dyscalculia-maths-becomes-anxiety/>

# Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

What is dyspraxia? It's more than just clumsiness <http://metro.co.uk/2017/03/10/what-is-dyspraxia-its-more-than-just-clumsiness-6496918/>

What Does Dysgraphia Look Like in Adults? <https://www.additudemag.com/dysgraphia-in-adults-recognizing-symptoms-later-in-life/>

# ADD/ADHD

The Moment I Knew It Was ADHD

<https://www.additudemag.com/getting-diagnosed-with-adhd-personal-stories/>

## Alan Gardener

The Autistic Gardener and Award winning gardener

"The strange thing, is that I was only diagnosed two years ago. At school I just thought I was quirky, a bit nerdy and not very good academically - it never struck me that it was a condition".

"But it's not a condition. Not really. Just a different way of seeing the world."

Reference: <http://www.telegraph.co.uk/men/thinking-man/11752863/Autism-isnt-a-condition-its-just-a-different-way-of-seeing-the-world.html>



[www.facebook.com/events/405982689786141/?acontext=%7B%22ref%22%3A%22%22%2C%22feed\\_story\\_type%22%3A%22308%22%2C%22action\\_history%22%3A%22null%22%7D](http://www.facebook.com/events/405982689786141/?acontext=%7B%22ref%22%3A%22%22%2C%22feed_story_type%22%3A%22308%22%2C%22action_history%22%3A%22null%22%7D)

## Trump, The Doctor and the Vaccine Scandal: Channel 4 Dispatches

[www.channel4.com/info/press/news/the-trump-the-doctor-and-the-vaccine-scandal-channel-4-dispatches](http://www.channel4.com/info/press/news/the-trump-the-doctor-and-the-vaccine-scandal-channel-4-dispatches)



## Lincoln Odeon—Autism Friendly

Check out the latest Autism Friendly film showings

<http://www.odeon.co.uk/accessibility/autism-friendly-cinema-screenings/>