

DYSLEXIA

Raising Awareness In Lincolnshire

It is thought that around 10% of the UK population are affected both-females and males to varying degrees. It also affects how each individual learns as they have to learn in a different way.

It can be a gift and doesn't have to be a barrier for success. They can often have strong creative abilities, are intuitive problem solvers and original thinkers. Many have good visual and spatial awareness.

What is Dyslexia? It affects how words are processed: reading, spelling, writing, information, language, sequencing, remembering things for a short time and referring to notes. Dyslexia is a learning disability that can affect all levels of intelligence. Dyslexia can impact on the development of automatic skills that may not match up to an individual's other cognitive abilities.

LANGUAGE

- * Difficulty making sense from written material
- * Problems with ordering, decoding and pronouncing of words
- * Sometimes will write down on paper letters and numbers the wrong way round
- * Weaknesses in reading and spelling words

PROCESSING INFORMATION

- * Auditory processing
- * Unable to process information efficiently from what they hear
- * Slow at processing information: it takes longer to think and apply it
- * May appear not to listen when spoken to and not follow instructions

SHORT-TERM MEMORY

- * Difficulty remember things for a short time, including events, times, dates, messages or instructions
- * Difficulty holding on to several pieces of information without at times referring back
- * Too much information given at once will be hard to remember
- * Problems with learning and remembering peoples names

OTHER DIFFICULTIES

- * When reading, the words can be blurry from visual stress
- * The words may move around on a page, jump or change size
- * May have numeracy difficulties
- * May dislike or avoid reading or finds it too much effort which is tiring

ATTENTION

- * May not pay attention to details or make careless mistakes
- * Could have trouble staying focussed
- * Concentration difficulties
- * Can have trouble planning ahead and often are very disorganised

OTHER INFORMATION

- * Can lack confidence
- * May feel stupid, thick or embarrassed
- * Can have low self-esteem
- * MRI scan show that when dyslexic people try to process information their brains work differently



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The Dyslexia Den

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DISCLAIMER—This leaflet is not a learning diagnosis and is not a substitute for education advice; please contact your professional. CANadda is a support group and any information that CANadda and The Dyslexia Den provide should be used as a guideline only as difficulties vary from person to person. Our information is provided by people that have a personal perspective and approach.