



CANadda Newsletter



February 2011

Issue 18

Tel: 01522 880922

Web Site: www.canadda.org.uk

Email debbie.canadda@yahoo.co.uk

Chairperson

Mrs Debbie Marshall



Thank you to Eugenia from Strut and Liz who came to CANadda's last support meeting, Liz did her first Dramatherapy at CANadda and I am looking forward to the next Dramatherapy in March.

I am making another appearance on the Lincoln City Radio 103.6 FM on Tuesday 1st February at 10:30am.

If you are planning on going to the transition conference on Thursday the 24th of February, there has been a change of venue. If you haven't already filled in your form to attend this years Lincolnshire Autism Conference please ensure you do A.S.A.P. as they do get booked up.

It is worth checking out the following link as there are talks on topics about ADHD, Dyscalculia, Dysgraphia, Dyslexia, Dyspraxia and Early Years from Professors, Head and SEN Teachers.

<http://www.dystalk.com/>

CANadda will be holding some table tops over the year raising money for CANadda and Strut in the Community, details to follow.

Bowling has been booked again for Wednesday the 16th March at 11am, so I am looking forward to seeing you there.

Don't forget we do have a new start and finish time at our Monday support meetings, 7pm to 9pm.



Support Meeting Date

21st February 2011 – Socialising or playing games.

21st March 2011 – Understanding Anger - Lisa Garthwaite.

18th April 2011—NO MEETING.

Dramatherapy

21st March 2011—Liz Merrick

16th May 2011—Liz Merrick

20th June 2011—Liz Merrick

18th July 2011— Liz Merrick

Washingborough Methodist Church

Lincoln Rd, Washingborough, LN4 1AT

7pm – 9pm

Refreshments available at a small charge.

Social Events For Your Diary

16th March 2011—Bowling, Washingborough

11am—£2.30 per person.



FUNDRAISING

It is easy to help CANadda fundraise, please click on the below link to help.

<http://canadda.org.uk/fundraising.php>

Transition Conference

Thursday 24th February 2011

The Show Room

Tritton Road

Lincoln

9:30am—2:30pm

8th Lincolnshire Autism Conference

The Embassy Theatre, Skegness

24th March 2011

Conference presented by Lincolnshire Autistic Society and Lincolnshire Learning Support Services.

Email anne.tait@lincolnshire.gov.uk

A Special Thank You To

David Harris for his kind donation.

Autistic Spectrum Disorder

New £750,000 autism centre plans for Reading. A new specialist centre for primary school children with autism is set to be created in Berkshire. See link for full story <http://www.bbc.co.uk/news/uk-england-berkshire-12096725>

Autism risk 'trebles' if you conceive again within 12 months. See link for full story <http://www.dailymail.co.uk/health/article-1345573/Autism-risk-trebles-conceive-12-months.html>

Dyslexia

Kara Tointon: Don't Call Me Stupid—

<http://www.bbc.co.uk/programmes/b00vy8c7>

Dyspraxia

I'm dyspraxic, not useless

During the debates over what jobs people should be doing, the obvious factor of innate aptitude seems to be being forgotten.

<http://www.guardian.co.uk/commentisfree/2010/nov/27/dyspraxic-jobs>

ADD/ADHD

Young ADHD sufferers more likely to abuse drink and drugs. For further details please see link, <http://www.irishtimes.com/newspaper/ireland/2011/0108/1224287042366.html>

Brain scans show children with ADHD have faulty off-switch for mind-wandering. For more details please see link, <http://health.msn.com/health-topics/adhd/articlepage.aspx?cp-documentid=100269290>

BAD WEATHER

Due to the bad weather please always check your emails before leaving to one of our support meetings in case we have to cancel.



CANadda

Support Meeting

21st February 2011



Socialising or playing games

Come along and join in a game or two, you may prefer to come just for the social chat. or you may like to have a private chat with me (Debbie Marshall).

Everyone is welcome.



Famous Dyslexia Quote

Besides being very poor as a child, she had a very difficult time in school, she even dropped out at the age of 16. She didn't know and understand why it was so difficult for her to learn in school, it was only at the age 30 that she finally understood that she was dyslexic.

She said in an interview: "I never read in school. I got really bad grades, D's and F's and C's in some classes, and A's and B's in other classes. In the second week of the 11th grade, I just quit. When I was in school, it was really difficult. Almost everything I learned, I had to learn by listening. My report cards always said that I was not living up to my potential."



Cher - singer and actress.



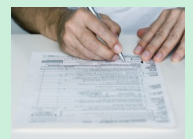
Lincoln 10K Sunday 3rd April 2011

I Debbie Marshall am running the Lincoln 10K again. I am raising money for CANadda and the Washingborough Methodist Church so I am looking for sponsors again.



Did you know?

Part of the service we offer to our members is we can help you fill in forms, help with writing your letters and CV's or any correspondence that you have difficulty with.



This service is offered at our monthly support meetings, to guarantee we will be free to help you, please make a prior arrangement.