



# CANadda Newsletter



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Issue 30

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## Chairperson

### Mrs Debbie Marshall

I have some great news our Seminar next month 'What Works' is fully booked if you were hoping to come and you haven't got a place booked yet, you will need to contact me A.S.A.P., I may be able to squeeze one or two more in.

CASH for your Community —I am delighted to let you know we did really well and I have received a cheque for £64.32 from the Echo.

For those who don't know I have been very unwell for about three months I have just come out of hospital and I finally now know what is wrong with me. I am now waiting for an operation.

Everything to do with CANadda is planned as normal for the future but I have had to cut back on what I am doing and some things will take longer to get done then usual. I do appreciate your patience over the coming two months and I am sorry for any inconvenience I may cause.

We are a small but friendly committee we all work from home and all the work we do is on a voluntary basis, we don't normally claim for our expenses. So we are all doing the best we can under the circumstances.

The ID Alert Cards and Wristbands scheme is in place and is going well, please be aware processing the application forms is taking a lot longer then expected but they will get done.

I hope you all have a lovely Valentines. If you don't get anything for Valentines, you're not alone, I don't either!!



## RESEARCH

Please could you spare Ann Beck 5 minutes to answer 4 simple questions so she can help meet the needs of the market.

<http://www.surveymonkey.com/s/B9ZLC3Y>

## NEWS

Lincolnshire academies probed over claims of 'rejecting special needs children'  
[http://www.thisislincolnshire.co.uk/Lincolnshire-academies-probed-claims-rejecting/story-14402846-detail/story.html?ito=email\\_newsletter\\_thisislincolnshire](http://www.thisislincolnshire.co.uk/Lincolnshire-academies-probed-claims-rejecting/story-14402846-detail/story.html?ito=email_newsletter_thisislincolnshire)

## Support Meeting Dates 2012

**20th February (10:30am)** - Speaker Geoff Evans – What Works—Seminar Full.

**19th March (7pm)** Lesley Chester Hate Crime Awareness.

**April** — No Meeting.

**21st May (7pm)** Peter Ludlow

**18th June (7pm)** Games / Social.

**16th July (7pm)** Games / Social.

**August**—No Meeting.

**17th September (7pm)** ADHD

**15th October (10:30am)** Games / Social.

Lincoln Rd, Washingborough, LN4 1AT

Refreshments available at a small charge.

## PRESTIGE AUTISTIC CARE

"High quality Day Services to promote happy fulfilling lives for Adults with Autism"

Hello

Have you a child/children nearing the school leaving age or reaching the age of 16 years old?

Do you know of a young adult who would benefit from a specialist Autistic Spectrum Disorder Day service provision?

If this sounds like you then read on!!!!!!!!!!!!!!!!!!!!

Prestige Autistic Care is a new project being set up in the Grantham area to provide day care Monday-Friday (9:00am-3:00pm).

We hope to promote a creative and pro-active time-table of activities that meet the individual requirements of the student to enable them to achieve their optimum level of ability.

Activities on offer: Independent Cooking skills, Life skills, Voluntary work, Horse-riding, Gym/health and fitness, Arts and crafts, Computer skills/IT, Conservation, Sports and Leisure-Bowling etc.....

If this sounds of interest to you then contact Michelle Fox for further information on: 07588533241

# Autism Spectrum Disorder

Some children may 'grow out' of autism, suggests study  
<http://www.dailymail.co.uk/health/article-2090681/Autism-Some-children-grow-suggests-study.html?ito=email-healthnewsletter-20120124>

The big one this month has got to be the brain scan news. We linked to it at <http://uk.health.lifestyle.yahoo.net/early-signs-of-autism-detected-at-six-months.htm>

Other research suggests that talking things through in your head can be helpful - see <http://www.sciencedaily.com/>

## Dyslexia / Dyscalculia

Brain scans could diagnose dyslexic children before they even learn to read and head off difficulties at school  
<http://www.dailymail.co.uk/health/article-2090999/Brain-scans-diagnose-dyslexia-children-learn-read-head-difficulties-school.html?ito=email-healthnewsletter-20120124>

What do we know about dyscalculia?  
<http://www.excellencegateway.org.uk/article.aspx?o=126802>

## Dyspraxia / Dysgraphia

Research Participants Wanted!  
<http://www.dyspraxiafoundation.org.uk/>

What is Dysgraphia?  
<http://www.ncl.org/ld-basics/ld-aamp-language/writing/dysgraphia>

# ADD/ADHD

Is It ADHD or a Different Learning Style? Educational Psychologist Comments on Recent ADHD Guideline Changes [http://www.prweb.com/releases/sight\\_word/learning\\_styles/prweb9152457.htm](http://www.prweb.com/releases/sight_word/learning_styles/prweb9152457.htm)

If Ritalin Has 'Gone Wrong,' What's the Right Way to Cope? <http://parenting.blogs.nytimes.com/2012/01/30/if-ritalin-has-gone-wrong-whats-the-right-way-to-cope/>

ADHD drugs don't work long term [http://blogs.babycenter.com/mom\\_stories/01302011-adhd-drugs-dont-work-long-term/](http://blogs.babycenter.com/mom_stories/01302011-adhd-drugs-dont-work-long-term/)

How Sleep Affects ADD <http://www.addandadhd.co.uk/how-sleep-affects-add.html>

## CANadda Support Meeting



20th February 2012 (10:30am)

Geoff Evans 'What Works'



FULL

Donations welcome on the day

This is not counselling or any form of therapy.

### Famous OCD Quote

Crawford washed her hands a lot. She washed her arms all the way up past her elbows. She just couldn't get enough done in that direction. She was compulsive about being clean, clean, clean!



[Fay Wray](#)—Actress

I have got this obsessive compulsive disorder where I have to have everything in a straight line, or everything has to be in pairs.



[David Beckham](#)—Footballer

I'm, like, a compulsive eater. I'm going to be so fat when I'm older, it's ridiculous.



[Robert Pattinson](#)—Actor

### BAD WEATHER

Due to the bad weather please always check your emails before leaving for one of our support meetings in case we have to cancel.



### LINCOLN 10K

Sorry Debbie Marshall will be unable to run the 10K this year due to illness.



### NEW SUPPORT GROUP LINCOLN

There is a new parent carer support group in Lincoln.

AT: Sure Start Centre  
Welbourne Gardens, Ermine, Lincoln, LN2 2DD  
TEL: 01522 544801  
TIME: 9.30 till 11.am  
Email: [linz.brennanlovingit@hotmail.co.uk](mailto:linz.brennanlovingit@hotmail.co.uk)

Lindsay Scurr  
01522 809883