



CANad-da Newsletter



July 2012

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Chairperson—Mrs Debbie Marshall

It was lovely seeing those who turned up to the Pride of Lincoln for a meal, we had a most enjoyable evening.

The Jubilee has been and gone, England were out of the European football, what a surprise! The torch has been and gone through Lincolnshire, what a treat that was, absolutely amazing! I went to see it with my kids, it was worth seeing, nothing like watching it on the TV, what an experience for me and the kids. We even got to see a change over, it was a bit of London that came to Lincoln.



It is all still very exciting as we have got the Olympics to look forward to and if everything over the past few months hasn't been a bit too much overload for you, then you have always got Big Brother to fall back on lol!

Now for some important news, on hearing the news during the week about nearly half of all care homes and treatment centres in England are failing vulnerable adults, I can't believe that lessons still haven't been learnt especially after the abuse uncovered by BBC Panorama at the Winterbourn View. <http://www.bbc.co.uk/news/uk-18581253>

I can't believe we still live in a country where neuro-typicals behave in the way they do towards vulnerable people and how we are still discriminated and bullied. In my opinion it is because we are easy targets as we don't have the same level of understanding, but it doesn't mean that we are not intelligent!

We must all remember no one is perfect, but it is frustrating when we, or our children are criticised for our or their behaviour. Maybe there should be more understanding towards us as they may find that we have a lot to offer.

Everyone is welcome at our next support meeting, hope to see you then.

CANad-da



Support Meeting

16th July 2012



Play games or come for a chat.

Refreshments available at a small charge.

This is not counselling or any form of therapy.

Support Meeting Dates 2012

16th July (7pm) Games / Social.

August—No Meeting.

17th September (7pm) ADHD.

15th October (10:30am) Games / Social.

19th November (7pm) Year End Get Together.

December -No Meeting.

Methodist Church, Lincoln Rd, Washingborough, LN4 1AT

Dates for your Diary

Monday 30/07.12 Whisby Natural Park 11am (date changed)

Monday 20/08/12 Bowling 11:30am.

More details to follow.



Never judge somebody with

AUTISM

You don't know how much

they can inspire you

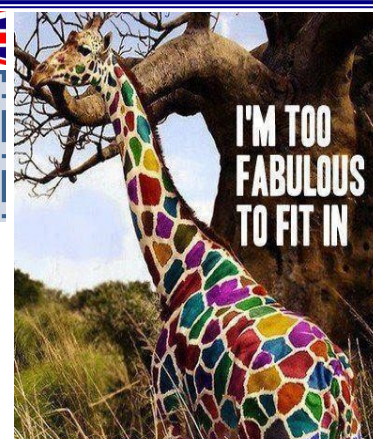
Autism Spectrum Disorder, through my eyes

[Free dyslexia software for parents, children and families](#)

Free software application (can be downloaded to a USB stick) to help those with dyslexia from www.dyslexialincolnshire.org.uk

The Dyslexia Den—Does your child find reading or spelling difficult? Are they struggling at school?

Susan Tuck—Specialist Dyslexia Tutor Patient, Friendly One to One Tuition www.dyslexiaden.co.uk, Tel: 01526 860643, E-mail: dyslexiaden@live.co.uk



Autism Spectrum Disorder

Through My Eyes - Rosie's Story. A BBC Documentary Looking at Autism

<http://www.youtube.com/watch?v=g89YYiC7P6Y>

BBC News Health- EEG brain trace 'can detect autism'

<http://www.bbc.co.uk/news/health-18577327>

One fan's mission to Lars <http://www.guardian.co.uk/film/2012/jun/02/lars-ulrich-metallica-mission-documentary-feature>

Dyslexia / Dyscalculia

What's It Like Being Dyslexic? <http://www.youtube.com/watch?v=IEpBujdee8M>

Richard Branson in TED / Dyslexic / ADHD / ADD <http://www.youtube.com/watch?v=3XQcdVp9sls&feature=related>

Dyslexia, so what is it all about <http://www.youtube.com/watch?v=HDUfVCo6ito>

Dyscalculia SEN Teacher—free teaching resources for special education <http://www.senteacher.org/Condition/13/Dyscalculia.xhtml>

Dyspraxia / Dysgraphia

National Handwriting Association <http://www.nha-handwriting.org.uk/handwriting/about-handwriting-difficulties>

Dyspraxia and autism spectrum disorders <http://www.autism.org.uk/about-autism/related-conditions/dyspraxia/dyspraxia-and-autism-spectrum-disorders.aspx>

ADD/ADHD

Early ADHD treatment may ward off problems in school <http://www.foxnews.com/health/2012/06/25/early-adhd-treatment-may-ward-off-problems-in-school/>

50 Tips On The Management of Adult Attention Deficit Disorder http://www.hi2u.org.uk/adhd/adhd_50tips.html

Famous OCD Quote

MP Charles Walker told MPs he was a "practising fruitcake" as he described how he had lived with Obsessive Compulsive Disorder (OCD) for more than 30 years.

"On occasions it is manageable and, on occasions, it becomes quite difficult. It takes you to some quite dark places.

"I operate by the rule of four. So I have to do everything in evens. [MPs reveal mental health issues](#)

"I have to wash my hands four times. I have to go in and out of a room four times. My wife and children often say I resemble an extra from Riverdance as I bounce in and out of a room."

MP Charles Walker
Member Of Parliament for Broxbourne in Hertfordshire



BBC News

<http://www.bbc.co.uk/news/uk-politics-18444516>

The Telegraph News

<http://www.telegraph.co.uk/health/9349272/MP-Charles-Walker-obsessive-compulsive-disorder-OCD-is-like-a-hundred-little-blackmails-a-day.html#>

WELL DONE to Daisy Southern (16) Torchbearer on the 27th June 2012, who carried the flame through Mablethorpe. Daisy has ADHD and Aspergers.

The Fragile X Society

<http://www.fragilex.org.uk/>

Fragile X Is a inherited learning disability, from a X chromosome that can inhibit intellectual development. It is a sort of autism.



Autism Aware Charity Ball

On Friday November 9th we will be hosting a charity ball at the [Alton Towers Resort](#) in their beautiful state room.

<http://www.autismaware.co.uk/autism-aware-ball/>

The evening will include

- Welcome drink
- Fabulous 3 course meal
- Live entertainment
- Live raffle

All proceeds will be donated to The National Autistic Society & Staffordshire Adults Autistic Society.