



CANadda Newsletter



September 2012

Issue 37

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Chairperson—Mrs Debbie Marshall

I hope you have been having a superb summer, it has gone too quickly. Even though the Olympics have finished, I am now looking forward to watching the Paralympics. I found the Olympics inspiring well done Team GB they did Britain proud. I am looking forward to the Paralympics being just as good or even better and I am sure GB will do just as well, CANadda wishes them all the best.

What about Michael Phelps? he is an American Olympic swimmer with a record-breaking 19 Olympic medals and probably one of the most famous people in the world. If you didn't know, Michael Phelps has ADHD. Doesn't that tell us there is a lot to be learnt about having ADHD and there are lots of positives to having ADHD.



If you have missed any of the series Growing Children on BBC4 you can catch up with them on BBC iPlayer. I thought the BBC did a really good job in how they were presented, they were very clear, well done to the BBC.

Don't forget to make a note in your dairies as Lisa Leonard ADHD Life Coach and CBC Practitioner coming to us on the 17th of September 2012.

Well done to Louise Robbins who won at our last bowling event. Please let me know if you would like to attend our next bowling event on Saturday the 13th October, it will be a good evening out everyone is welcome.

Don't forget CANadda's AGM on Friday 21 September at 10am, everyone is welcome.



BBC4 Growing Children

Autism—http://www.bbc.co.uk/iplayer/episode/b01lyczl/Growing_Children_Autism/

OCD—<http://www.bbc.co.uk/programmes/b01m42rz>

Dyslexia—http://www.bbc.co.uk/iplayer/episode/b01m9tyc/Growing_Children_Dyslexia/

The Work Capability Assessment

Have you had a work capability assessment, the medical test for employment and support allowance?

<http://www.dwp.gov.uk/docs/wca-year-3-call-for-evidence.pdf>

A call for evidence tell us what you think, the deadline for responses is 7th September 2012.

CANadda

ADHD

Lisa Leonard ADHD Life Coach and CBC Practitioner.

17 September 2012 @ 7pm

Refreshments available at a small charge.

This is not counselling or any form of therapy.

Support Meeting Dates 2012

17th September (7pm) ADHD—Lisa Leonard ADHD Life Coach and CBC Practitioner.

15th October (10:30am) Games / Social.

19th November (7pm) Year End Get Together.

December—No Meeting.

Methodist Church, Lincoln Rd, Washingborough, LN4 1AT

Dates for your Diary

Saturday 13th October—Bowling @ Lincoln Bowling.

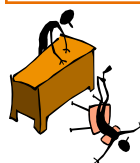
CANadda's AGM

**Friday 21st September 2012, 10am
at Washingborough
Methodist Church.
You are welcome
to join us.**

Attacking People With Disabilities
Is the Lowest Display of Power
I Can Think of
~Morgan Freeman



Dyspraxia Awareness Week
24th—30th September 2012



Autism Spectrum Disorder

The Positive Traits of Aspergers <http://www.youtube.com/watch?feature=fvwp&NR=1&v=A-bzN5ab9ik>

Autism? <http://www.youtube.com/watch?v=s8umwjLi0F8&feature=related>

Dyslexia / Dyscalculia

The British Dyslexia Association have set up a petition to make a dyslexia module compulsory within teacher training <http://www.bdadyslexia.org.uk/>

Dyslexia Still a Blight for Kids—[Developmental Dyslexia and Abnormal White Matter Development](#).

Cognitive Neurological Research in Dyscalculia <http://www.unicog.org/main/pages.php?page=Dyscalculia>

The One Show—Dyscalculia: More information <http://www.bbc.co.uk/blogs/theoneshow/2010/01/dyscalculia-more-information.shtml>

Dyspraxia / Dysgraphia

Dyspraxia: clumsy but clever <http://www.telegraph.co.uk/health/3354324/Dyspraxia-clumsy-but-clever.html>

Shows a video of an individual's dyspraxia experience <http://www.dyspraxia.org.uk/>

Research Linking Dyspraxia to Cerebellum <http://www.dore.co.uk/learning-difficulties/cerebellum-research/dyspraxia/>

Handwriting Problem Solutions <http://www.handwriting-solutions.com/dysgraphia.asp>

Dysgraphia - info for students <http://www.brainhe.com/students/types/dysgraphiaforstudents.html>

ADD/ADHD

Is there a link between ADHD and spectacular financial failures? <http://www.guardian.co.uk/science/blog/2012/aug/22/link-adhd-spectacular-financial-failures?newsfeed=true>

ADHD 'affects as many over-60s as children' as youngsters 'may not grow out of condition' <http://www.dailymail.co.uk/health/article-2185710/ADHD-affects-60s-children-youngsters-grow-condition.html>

What can athletes with ADHD teach us about the condition? <http://www.guardian.co.uk/society/2012/aug/01/athletes-with-adhd>

Famous Obsessive Quotes

I've been called many names like perfectionist, difficult and obsessive. I think it takes obsession, takes searching for the details for any artist to be good.
Barbra Streisand



When you're obsessive, like me, searching for something unattainable can become unhealthy... it's like falling through the air and grabbing at the clouds. My own position is so far on the obsessive side of preparation and professionalism that I fear my point of view is not going to be shared by anyone.
Jonny Wilkinson



I have got this obsessive compulsive disorder where I have to have everything in a straight line, or everything has to be in pairs.
David Beckham

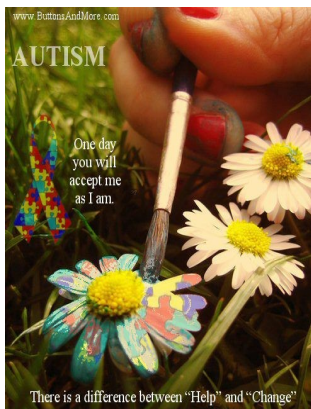


I love working with people who are inspired and obsessive.
Nicole Kidman



Mental Health Conference 2012

Tuesday 16th October 2012 | Central London Should you have any queries or wish to book via email or telephone, please contact the Gov-Know office at info@govknow.com or on 0845 647 7000.



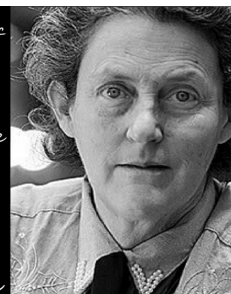
A Dyscalculia Conference

<http://www.dyscalculia-maths-difficulties.org.uk/>

'What would happen if the Autism gene was eliminated from the gene pool? You would have a bunch of people standing around in a cave, chatting and socializing and not getting anything done.'

~Temple Grandin

Autism Spectrum Disorder, through my eyes



Dyslexia Awareness Week
8th—14th
October 2012.



ADHD Awareness Week 14th—20th October 2012.

