



CANadda Newsletter



May 2014

Issue 57

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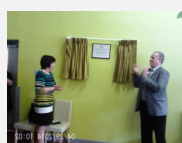


Debbie Marshall
Chairperson



I hope you all have had a lovely Easter. I had a nice break but I am getting back into work again as so much is going on.

Growing Futures, where CANadda has it's office, had their Grand Opening day on Tuesday 29th. What a fantastic day everyone has had. Thank you to those who came along and supported us.



Our last bowling event was a big success and everyone had a great afternoon. I know I am looking forward to the next one which is on Saturday the 24th May. If you are looking at attending please book A.S.A.P. as I was fully booked last time.

I would like to thank Tesco, our members and CANadda's volunteers for all the hard work we did on Wednesday 2nd April World Autism Day. I know I had a brilliant day, it was a lot of fun and I hope we were able to raise some Autism Awareness that day.



SEMINAR

'DON'T JUDGE YOU DON'T KNOW ME'



FRIDAY 27th JUNE 2014 - 9:30am – 12:30pm.

Please be aware we only have a limited amount of spaces for this Seminar 'Don't Judge You Don't Know Me' on Friday 27th June 2014 - 9:30am – 12:30pm.

SOCIAL EVENTS



Cuppa Wednesday - Every Wednesday
(Term Time Only) at 10:30am to 11:30am.



Holiday Wednesday Club—28th May
at 10am to 12pm. £2.50, this includes refreshments, craft, Mario racing challenge.

Queens Park Community Hub,
South Park, Lincoln, LN5 8EW.



Bowling—Saturday 24th May at 5pm.
Lincoln Bowling, Washingborough Road,
Lincoln, LN4 1EF.

Community Champion

From 9 March 2014 to 7 June 2014. Every time you shop in store and use your dividend card in Branston, we'll receive a donation. So during the next few weeks, please remember to use your dividend card and we could be receiving a donation. Or If you are a Lincolnshire Co-op member and have a dividend card you can now help us with our fundraising.

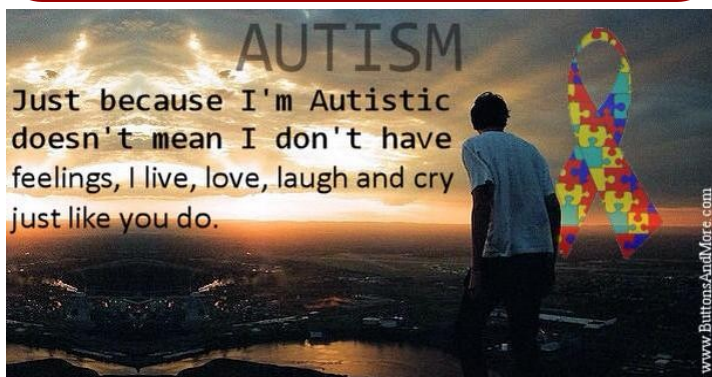
Simply visit www.lincolnshire.coop/communitychampions and select the "Choose my own

Community Champion" option. Follow the steps online and select CANadda to receive your portion of the Community Champions fund; every time you shop we'll receive a donation and it will not affect the dividend you receive. If you don't have access to the internet then call the Co-op Member Accounts team on 01522 781135. Thank you!

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Autism Spectrum Disorder

The Surprising Body Part That Could Be Causing Autism. Hint: It's Not the Brain <http://www.ozy.com/fast-forward/autisms-gut-brain-connection/4712.article>



Dyslexia / Dyscalculia

How developmental disorders cluster

<http://www.preventionaction.org/research/how-developmental-disorders-cluster/6023>

Frome student sets up support website for anxiety sufferers <http://www.frometimes.co.uk/2014/04/22/frome-student-sets-up-support-website-for-anxiety-sufferers/>

Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

Galgate mum's book inspired by daughter

<http://www.thevisitor.co.uk/what-s-on/book-club/galgate-mum-s-book-inspired-by-daughter-1-6556293>

Famous People with Dysgraphia <http://healthresearchfunding.org/famous-people-dysgraphia/>

ADD/ADHD

What happens when teens with ADHD become adults? <http://www.seacoastonline.com/apps/pbcs.dll/article?AID=/20140427/LIFE/404270315/-1/NEWSMAP>

7 Tips for Getting Chores Done for Adults with ADHD

<http://psychcentral.com/blog/archives/2014/04/21/7-tips-for-getting-chores-done-for-adults-with-adhd/>

Could fish oils help children with ADHD?

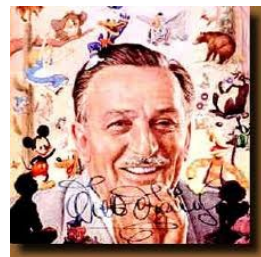
<http://www.express.co.uk/life-style/health/471670/Could-fish>

Walt Disney Director / Screenwriter Learning Disability Quote

"All your dreams can come true if you have the courage to pursue them."

"All the adversity I've had in my life, all my troubles and obstacles, have strengthened me... You may not realize it when it happens, but a kick in the teeth may be the best thing in the world for you."

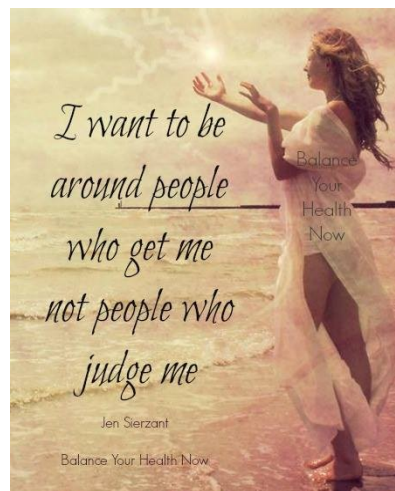
"If you can dream it you can do it."



Lincoln 10K

6th April 2014

Well done to Wendy Dyer who ran the Lincoln 10K on behalf of CANadda.



Women & Autism Conference

I'd like to let you and your colleagues know about the 'Women & Autism' conference coming up in Sheffield on the 12th May featuring talks from the internationally acclaimed Dr Wendy Lawson among others.

This is a conference for both men and women, and specifically explores female presentations of Autism Spectrum Conditions.

The e-flyer is available here: eepurl.com/Pc7Jf and more information is on facebook and twitter. I have also attached a printer friendly version of the flyer for you to pop on a notice board or pass on to friends and colleagues.

Please don't hesitate to get in touch with me if you have any questions, would like more information, or would like a booking form.

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