

# CANadda Newsletter



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### Debbie Marshall Chairperson



The summer holidays are fast approaching so don't forget our Holiday Wednesday Club is suitable for 16+. We have also got our next bowling event coming up on Saturday 26th July at 5pm. Don't forget to book your place if you haven't already done so.

The Queens Park Community Hub are having a Summer Fayre on Thursday 24th July between 11am—2pm so come along and support CANadda.

CANadda will also be at the Turks Head in Heighington on Saturday 19th July so please come along and support us. The Gala starts at 12pm.

There are a lot of exciting things going on in this newsletter this month so do have a good look through.



### Looking For Retail Work?

There are a lot of retail vacancies being created in the Lincoln area. If you are looking for shop work? please contact the Lincoln Job Centre Plus to find out more.

### **ADHD Research**

Paid Interview on ADHD www.research-house.co.uk

Adult patients will be paid £95 and parents £110. Please mention subject - ADHD.

If interested, please contact Vasilis on 0207 487 9188 or vtzikas@schlesingerassociates.com, to see if you qualify for the study.

### **SOCIAL EVENTS**



Сирра Wednesday - Every Wednesday (Term Time Only) at 10:30am to 11:30am.



Holiday Wednesday Club— August 13th and 27th at 10am to 12pm. £2.50, this includes refreshments, craft, Mario racing challenae.

> Queens Park Community Hub, South Park, Lincoln, LN5 8EW.



Bowling—Saturday 26th July at 5pm.

Lincoln Bowling, Washingborough Road, Lincoln, LN4 1EF.

### Asperger's Seminar

'DON'T JUDGE YOU DON'T KNOW ME'



THURSDAY 9th OCTOBER 2014 - 9:45am-12:45pm.

### PLACES MUST BE BOOKED IN ADVANCE

Please be aware we only have a limited amount of spaces for this Seminar 'Don't Judge You Don't Know Me' on Thursday 9th October 2014 - 9:45am - 12:45pm.

DISCLAIMER CANadda is an information service. If you discover any information which you believe to be inaccurate please contact debbie.canadda@yahoo.co.uk. CANadda have included various websites for your information only. We do not endorse or recommend any product or services and inclusion on our newsletter does not necessarily state or reflect the views of CANadda. CANadda cannot be held responsible for any damage or loss caused by any inaccuracy on our newsletter or on linked websites/pages. (Please note that some of our information is provided on a personal perspective completed by people that have a personal approach).

## Autism Spectrum Disc

Charity helps ASD students stay safe online with new toolkit http://news.tes.co.uk/b/tes-professional/2014/06/12/charityhelps-asd-students-stay-safe-online-with-new-toolkit.aspx

Five Things To Do For a Family Dealing With Autism <a href="http://">http://</a> www.huffingtonpost.ca/jonathan-alderson/ autism b 5513656.html

Feature: Drawing attention to the stigmas of autism <a href="http://">http://</a> www.yorkshireeveningpost.co.uk/news/latest-news/top-stories/ <u>feature-drawing-attention-to-the-stigmas-of-autism-1-6696529</u>

### Dyslexia / Dyscalculia

Training and Events <a href="http://www.bdadyslexia.org.uk/courses-">http://www.bdadyslexia.org.uk/courses-</a> and-events.html

British Dyslexia Association http://bdatech.org/

Steve Chinn's UK Research 2005 http://www.dyscalculia-mathsdifficulties.org.uk/knowledge-centre/research-file

### **Developmental Coordination Disorder** (Dyspraxia) / Dysgraphia

The life and times of a dyspraxic http://www.thestar.com.my/ Lifestyle/Health/2012/03/18/The-life-and-times-of-adyspraxic/

Speech and Language <a href="http://www.dyspraxiafoundation.org.uk/">http://www.dyspraxiafoundation.org.uk/</a> about-dyspraxia/speech-language/

Apps to Help Students With Dysgraphia and Writing Difficulties http://www.ncld.org/students-disabilities/assistive-technologyeducation/apps-students-ld-dysgraphia-writing-difficulties



Adult ADHD Brain Shows Biological Differences From People Who Grew Out Of The Disorder <a href="http://">http://</a>

www.medicaldaily.com/adult-adhd-brain-shows-biologicaldifferences-people-who-grew-out-disorder-287480

More And More, Young Women Are Being Diagnosed With ADHD http://iowapublicradio.org/post/more-and-more-young -women-are-being-diagnosed-adhd

Louise Mensch, Trudie Styler and Will.i.am: ADHD affects adults as well as children, but can it help as well as hinder? http:// www.dailymail.co.uk/home/you/article-2517610/Louise-Mensch-Trudie-Styler-Will-ADHD-affects-adults-children-help

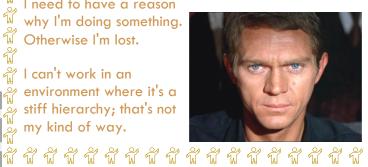
### Steve McQueen - Actor **ADHD Quotes**

I'm about challenging people. Like, properly challenging them and their assumptions.

 $\frac{2}{M}$  I learned that life is a long and difficult road, but you have to keep going, or you'll fall by the way-

I need to have a reason why I'm doing something. Otherwise I'm lost.

☆ I can't work in an 🔑 environment where it's a stiff hierarchy; that's not my kind of way.



### **Autism Friendly Screenings**

Cineworld: How to Train Your Dragon 2 - Sunday 6th July at 11am

**ODEON:** How to Train Your Dragon 2 – Sunday 6<sup>th</sup> July

**Showcase:** How to Train Your Dragon 2 – Sunday 13<sup>th</sup> July at 10am

Vue: Frozen - Sunday 27th July at 10am

See <u>www.dimensions-uk.org/autismfriendly</u> for more information.

### Butterfly Club Drill Hall, Lincoln

Tickets: £3 advance (£4 on the day)

It's time for another of our fantastic party nights for people with disabilities and their families. Great music, a friendly, welcoming atmosphere and the chance to meet new people. Come and strut your stuff on the dance floor baby!

http://www.lincolndrillhall.com/events/the-butterfly-club-6

### Lincoln Socialables

The Lincoln Socialables welcomes all ages and aims to organise different events that will appeal to all interests. If you live in Lincoln or nearby and want to meet new people, make new friends, widen your social circle and enjoy fun activities then please come along.

http://www.meetup.com/Social-Group-In-Lincoln/?oc=evam