



# CANadda Newsletter



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## Debbie Marshall Chairperson


 Another year nearly over and it will soon be Christmas. This will give us time to spend with our family and friends. I hope you all have a lovely Christmas and I am sure we can all look forward to another year and I wonder what challenges we will all encounter.

 Our last Cuppa Wednesday this year will be Wednesday 17th December at 10:30am. We will be back on Wednesday 7th January at 10:30am.

 Thank you to everyone that came along on Saturday to The Collection. It was an enjoyable day for us. I will look forward to arranging another event.


 I am pleased to report that my presentation went well at the Autism Conference on Wednesday 12th November 'Into Adulthood'. Thank you to everyone that came and listened to me and also for your kind feedback as it does help!

 On Wednesday 3rd December between 10am to 2pm, please come along and support everyone in the hub as we are having our 2nd Christmas event. I am already aware people are looking forward to coming along and supporting the hub so I hope to see you there!


 On Friday 19th December CANadda is having a four course traditional Christmas lunch. If you were hoping to come along unfortunately we are now full. I am happy to start a waiting list.



## SOCIAL EVENTS

 **Cuppa Wednesday** - Every Wednesday  
(Term Time Only) at 10:30am to 11:30am.

 **Christmas Bazaar**—Wednesday 3rd December  
10am to 2pm.

 **Christmas Lunch**— Friday 19th December 12am,  
four course traditional Christmas lunch for only £5.50  
per person. (Fully Booked)

**Queens Park Community Hub, South Park, Lincoln, LN5 8EW.**

### Fund Raising Events

 **Heighington Christmas Market**— Sunday  
7th December 12pm to 5pm.

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## AUTISM STRATEGY CONSULTATION

This Consultation is suitable for people in Lincolnshire with lived— experience and those who are affected by autism or who work with those who are, to let the Lincolnshire Local Authorities know if the eight strategic principles and our building blocks to turn the strategy into reality reflect their views.

To take part electronic versions,  
[www.lincolnshire.gov.uk/residents/adult-social-care/strategies/all-ages-autism-strategy/a-strategy-for-lincolnshire/114447.article](http://www.lincolnshire.gov.uk/residents/adult-social-care/strategies/all-ages-autism-strategy/a-strategy-for-lincolnshire/114447.article)

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# Autism Spectrum Disorder

Autistic people see faces differently: Condition causes brain to change the way it gathers information about expressions  
<http://www.dailymail.co.uk/sciencetech/article-2850336/Autistic-people-faces-differently-Condition-causes-brain-change-way-gathers-information-expressions.html>

New Autism Risk Genes Identified, Adding Even More Pieces To ASD Puzzle <http://www.medicaldaily.com/new-autism-risk-genes-identified-adding-even-more-pieces-asd-puzzle->

## Dyslexia / Dyscalculia

Top 10 Shakespeare books for children <http://www.theguardian.com/childrens-books-site/2014/nov/04/sally-gardner-dyslexia-awareness-week>

Dyslexie: the chubby-ankled font that makes reading easier for dyslexics <http://www.theguardian.com/artanddesign/architecture-design-blog/2014/nov/12/dyslexie-new-font-that-makes-reading-easier-with-dyslexia>

A new assessment tool helps identify children who have developmental dyscalculia <http://www.sourcewire.com/news/85002/a-new-assessment-tool-helps-identify->

## Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

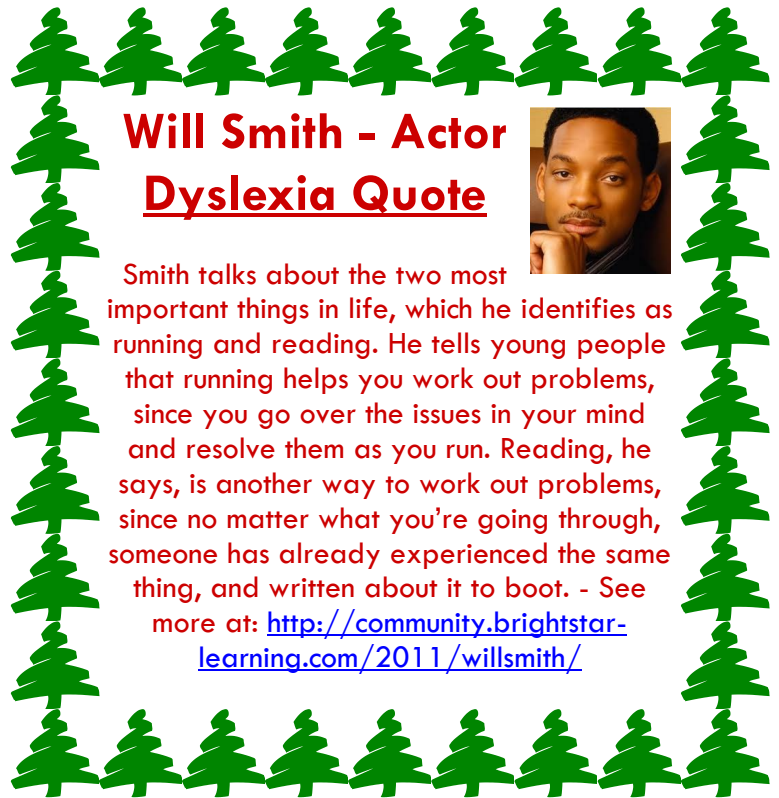
Mother and daughter with dyspraxia offer help on video <http://www.bbc.co.uk/news/blogs-ouch-29125398>

Learning Disabilities: Recognizing Dysgraphia in Children with ADHD <http://www.additudemag.com/adhd/article/725.html>

# ADD/ADHD

Did ADHD once have an evolutionary advantage? Traits linked with disorder may have helped nomads survive when hunting <http://www.dailymail.co.uk/sciencetech/article-2848548/Did-ADHD-evolutionary-advantage-Traits-linked-disorder-helped-nomads-survive-hunting.html>

Why is ADHD Misunderstood <http://psychcentral.com/blog/archives/2014/11/27/why-adhd-is-misunderstood/>



## Will Smith - Actor Dyslexia Quote



Smith talks about the two most important things in life, which he identifies as running and reading. He tells young people that running helps you work out problems, since you go over the issues in your mind and resolve them as you run. Reading, he says, is another way to work out problems, since no matter what you're going through, someone has already experienced the same thing, and written about it to boot. - See more at: <http://community.brightstar-learning.com/2011/willsmith/>



I won't change the way my child views the world, instead I'll change the way the world views my child

Autism Spectrum Disorder, through my eyes



You see things and you say, "why?"  
But I dream things that never were and say, "why not?"

FB/AwarenessForAutism