



# CANadda Newsletter



January 2016

Issue 77

Tel: 01522 716899

Web Site: [www.canadda.org.uk](http://www.canadda.org.uk)

Email: [canadda@canadda.org.uk](mailto:canadda@canadda.org.uk)

**Debbie Marshall**

**Chairperson**

## HAPPY NEW YEAR

CANadda wishes everyone a very happy new year. CANadda is already busy planning another exciting year.

Our Christmas lunch was another success and everyone that came along had a wonderful time.

Cuppa Wednesday will be back on Wednesday 6th January 2016 at 10:30am, looking forward to seeing you.

Our Holiday Club will be back in February. There will be some new games for you to come along and try for children as well as the adults.

I will be booking bowling again for March it will be either the 12th or 19th of March 2016.



## Fund Raising Events


You may not be aware that CANadda is a non profitable organisation and CANadda has to raise it's own funds to keep this support group going every year. We are volunteers and we all give up our time for free.


But did you know there are lots of ways you can help CANadda raise funds without it costing you a penny? For more details visit CANadda's web site and look under raise funds, thank you!

<http://www.canadda.org.uk/about-canadda/raise-funds-for-canadda.htm>


# THANK YOU!

## SOCIAL EVENTS

 **Cuppa Wednesday** - Every Wednesday  
(Term Time Only) at 10:30am to 11:30am.

 **Holiday Club** — Friday 19 February 2016,  
10am to 12pm. Date TBC

**Queens Park Community Hub, South Park, Lincoln, LN5 8EW.**

 **Autism Support Coffee Meeting**—Saturday  
13 February 2016 @ 3.45pm to 5pm.

**The Angel Coffee House, Free School Lane, Lincoln  
LN2 1EY**

 **Bowling** —Saturday March 2016 @ 5pm. Date  
TBC

**Lincoln Bowling, Washingborough Road, Lincoln, LN4 1EF.**

**CANadda**

## CANadda's Social Media

They may be a lot more to CANadda's networking than you may have originally thought. You can follow us on Facebook, twitter and CANadda has a Daily news.

**Our Facebook Group** <https://www.facebook.com/groups/449546831783702/>

**Our Facebook Page** <https://www.facebook.com/pages/Canadda/166789403408997>

**Our Twitter** <https://twitter.com/lincolncanadda>

**The CANadda Daily** [http://paper.li/LincolnCANadda/1315676728?edition\\_id=e14d5560-b042-11e5-b5fd-002590a5ba2d](http://paper.li/LincolnCANadda/1315676728?edition_id=e14d5560-b042-11e5-b5fd-002590a5ba2d)

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## Autism Support Coffee Meeting

Saturday 13 February 2016 3.45pm.



The Angel Coffee House Free School Lane, Lincoln, LN2 1EY

A place for people with autism and their parents, siblings, or carers to meet and become friends with other people with experience of autism, and get advice off both them, and adults with autistic spectrum disorders.

## Autism Spectrum Disorder

What life is REALLY like with autism: Fascinating 60-second video shows how everyday sounds such as a ticking clock can be unbearable

<http://www.dailymail.co.uk/health/article-3344348/What-life-REALLY-like-autism-Fascinating-60-second-video-shows-everyday-sounds-ticking-clock-unbearable.html>

Dean Beadle—Embrace

<http://embracees.org.uk/who-is-dean-beadle/>

## Dyslexia / Dyscalculia

About Dyslexia

<http://www.dyslexic.org.uk/about-dyslexia>

Box of Ideas

<http://www.boxofideas.org/ideas/information/glossary/dyscalculia/>

## Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

Dyspraxia in Children

<http://www.safekids.co.uk/dyspraxia.html>

Home page

<http://dysgraphia.org.uk/>

## ADD/ADHD

Young Minds

[http://www.youngminds.org.uk/for\\_parents/worried\\_about\\_your\\_child/adhd\\_children](http://www.youngminds.org.uk/for_parents/worried_about_your_child/adhd_children)

## Orlando Bloom, actor Dyslexia Quote

“If you have kids who are struggling with dyslexia, the greatest gift you can give them is the sense that nothing is unattainable. With dyslexia comes a very great gift, which is the way that your mind can think creatively.”

—Child Mind Institute



Reference: <https://www.understood.org/en/learning-attention-issues/personal-stories/famous-people/celebrity-quotes-learning-from-challenges#slide-1>

## Keep Safe

A guide to personal safety (Home Office)

This is a great SEN friendly guide to keeping safe. You can either view it on line or print yourself a copy.

<https://shareweb.kent.gov.uk/Documents/community-and-living/community-safety/community-safety-unit/Home%20Office/Keep%20Safe.pdf>

## Moving Into Adulthood

### USEFUL ORGANISATIONS AND WEBSITES:

Adult Care Customer Service Centre – 01522 782155

Local Offer Website – Information/Advice/ Guidance/Services for children/young people and families with SEND in Lincolnshire - [www.lincolnshire.gov.uk/sendlocaloffer](http://www.lincolnshire.gov.uk/sendlocaloffer)

Preparing for Adulthood – Information Resources for families - Email: [infor@preparingforadulthood.org.uk](mailto:infor@preparingforadulthood.org.uk): [www.preparingforadulthood.org.uk](http://www.preparingforadulthood.org.uk)

Promoting Employment Team – 01522 527928 Email: [Sa-rah.Bell@lincolnshire.gov.uk](mailto:Sa-rah.Bell@lincolnshire.gov.uk)

Promoting Independence Project – Project to support young people with complex needs considering community supported living – Project Lead – Margaret Reader 07824894094 Email: [Marga-ret.Reader@lincolnshire.gov.uk](mailto:Marga-ret.Reader@lincolnshire.gov.uk)

Total Voice/VoiceAbility – Advocacy Hub for children, young people and adults 01529 400479 . [www.totalvoicelincshshire.org](http://www.totalvoicelincshshire.org).

Teen Info Lincs – Information and Advice for young people in Lincolnshire – [www.teeninfolincs.co.uk](http://www.teeninfolincs.co.uk)

Together for Short Lives – Organisation funded by Department for Education – provides information and advice for children, young people with life limiting conditions and their families [www.togetherforshortlives.org.uk](http://www.togetherforshortlives.org.uk)

Transitions Quality Development Officer – Children Services Email: [Elita.Cozens@lincolnshire.gov.uk](mailto:Elita.Cozens@lincolnshire.gov.uk) 07557172815

Transitions Website – Easy Read website for young people with SEND in Lincolnshire – [www.lincolnshire.gov.uk/transitions](http://www.lincolnshire.gov.uk/transitions)

Young Carers Assessment Services – Email: [youngcarers@lincolnshire.gov.uk](mailto:youngcarers@lincolnshire.gov.uk) for information on young carers assessments and referrals.