







March 2017 Issue 91

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#### Debbie Marshall Chairperson

World Autism Awareness Week Monday 27 March to Sunday 2 April is approaching fast, I have put together some different events over the week for you to come along to and support.

If anyone has any special requirements when coming along to any of our social events please let us know in advance so we can try and make any reasonable adjustments.

I am off to Harrogate soon to NAS professional awards as I am a finalist again. It is really nice to be recognised for all the hard work I have achieved over the years which I am very proud of. I will let you all know how I get on.

Unfortunately I will not be there at Cuppa Wednesday on Wednesday 8th March due to me being in Harrogate. You are welcome to still attend and I will be back the following week.

## Think you might be autistic?

betty, makers of *The Autistic Gardener*, is producing a new TV show for Channel 4 all about autism.

We would like to hear from people (18+) who have never been diagnosed with autism but wonder whether they might be on the autism spectrum. Call us on 020 7907 0888 or email getinvolved@betty.co.uk

### SOCIAL EVENTS

(Term Time Only) at 10:30am to 11:30am

Buffet Lunch—Wednesday 29 March, 12pm (onesies are optional) buffet lunch £2.50 per person and please book in advance

Queens Park Community Hub, South Park, Lincoln, LN5 8EW

Bowling — Saturday 1 April, 5pm

Washingborough Road, Lincoln, LN4 1EF

Leadenham Social Meet Up—Saturday 13 May, 1pm

George Hotel (Nr Grantham), 20 High Street, Leadenham, Lincoln, LN5 OPN

**'Don't Judge You Don't Know Me'** -Friday 16 June 9:45am Asperger's Talk TBC

Washingborough Methodist Church, Lincoln, LN4 1AT



# FUND RAISING EVENTS

I Easter Fayre—Tuesday 28 March, 10am to 2pm Queens Park Community Hub, South Park, Lincoln, LN5 8EW

Tombola—Saturday 1 April, 12:30pm to 4:45pm

Bowling, Washingborough Road, Lincoln, LN4 1EF

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> ~Will Smith Actor, Producer Rapper

v.TheDragonflyForest.blogspot.com

# Autism Spectrum Disorder

What is autism spectrum disorder? WIRED explains <u>http://www.wired.co.uk/article/autism-spectrum-</u> <u>disorder-explained</u>



Holly Willoughby reveals how she conquers secret offscreen battle on This Morning

http://www.express.co.uk/showbiz/tv-

radio/772354/Holly-Willoughby-reveals-dyslexia-This-Morning-ITV-presenter-mum-host-Phillip-Schofield

Dyscalculia and dyslexia: improving learning for children with learning difficulties http://disabilityhorizons.com/2016/07/dyscalculia-

and-dyslexia-improving-learning-for-children-withlearning-difficulties/

## Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

Living with dyspraxia: see life from Joe's point of view http://www.itv.com/news/calendar/update/2017-02-02/living-with-dyspraxia-see-life-from-joes-point-ofview/

What is Dysgraphia? http://www.churchillstl.org/learning-disabilityresources/dysgraphia/



Control ADD...Before Symptoms Control You! http://www.additudemag.com/adhd/ article/7349.html

#### Temple Grandin ADHD

What would happen if the autism gene was eliminated from the gene pool? You would have a bunch of people standing around in a cave, chatting and socializing and not getting anything done!

 Reference:
 https://images.search.yahoo.com/yhs/

 search;
 ylt=A0LEViSnL7RYfmMAacAPxQt.;
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 p=Temple+Grandin+Autism+Quote&fr=yhs-adk 

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#### Message

With World Autism Awareness Week approaching fast please can you check first what you are actually supporting? Especially if it is on social media including Facebook. Just be aware you may not really know what you are actually supporting.



"Everybody is a genius. But if you judge a fish by it's ability to climb a tree, it will live its whole life believing that it is stupid." — Albert Einstein

## Survey

Use of CAMHS Professional Advice Line (PAL) Service

https://www.surveymonkey.co.uk/r/CAMHSPAL

### Lincoln Odeon—Autism Friendly

Check out the latest Autism Friendly film showings

Beauty and the Beast 2D - Sunday 26th March

http://www.odeon.co.uk/accessibility/autism-friendlycinema-screenings/