

# CANadda









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# Debbie Marshall Chairperson

On Tuesday 31st October we are holding an 'Autism Event' Autistics Together with Niko Kargas & Ian Jordan at The Engine Shed, University of Lincoln. One of our main speakers is Alan Gardner the Autistic Gardener.

We are very excited about this event as we have some amazing speakers giving talks and presentations. It is going to be a fabulous day for all. For more information go to (Facebook) or on our web site.

Don't forget it may take me a bit longer to reply back to you if you email me or phone me due to being unwell at the moment.

Our Cuppa Wednesday will be back on Wednesday 6 September at 10.30am.

On Saturday 19 August 1917, I am going to complete a unique Mannequin Challenge in the city of Lincoln, I am looking for sponsors. If anyone would like to sponsor me you can either let me know by email or Facebook. Otherwise you can go onto CANadda's web site and make a donation via Paypal. <a href="http://www.canadda.org.uk/">http://www.canadda.org.uk/</a>

### Specsavers autism friendly sessions

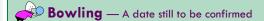
Specsavers Lincoln High Street have two autism friendly sessions coming up, Sunday 6th August and Sunday 3rd September.

When making an appointment please ask them for the quiet clinic and let them know about any reasonable adjustments they can make to help you, your child, young adult or adult.

Specsavers phone no. 01522 576655

### **SOCIAL EVENTS**





Washingborough Road, Lincoln, LN4 1EF

Autism Event — Tuesday 31st October, 9am to

The Engine Shed, University of Lincoln, Brayford Pool, Lincoln, LN6 7TS



#### Celebrating 100th Newsletter —

Wednesday 6 December, 10:30am to 11:30am

Washingborough Road, Lincoln, LN4 1EF

Queens Park Community Hub, South Park, Lincoln, LN5 8EW

**CANadda** 

# Autistics Together

Niko Kargas & lan Jordan

31st October 2017 — 9am to 3:30pm

The Engine Shed, University of Lincoln

Brayford Pool, Lincoln, LN6 7TS

#### **Guest Speakers**

Autistic Gardener Alan Gardner

Jon Adams, Debbie Marshall, Tom Schofield
Niko Kargas, lan Jordan



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### **Autism Friendly**

We have put together some information around autism friendly which can be found on our web site <a href="http://www.canadda.org.uk/autism-friendly.htm">http://www.canadda.org.uk/autism-friendly.htm</a>

We have also put together our autism friendly bowling and eat sessions. <a href="http://www.canadda.org.uk/autism-friendly-bowling.htm">http://www.canadda.org.uk/autism-friendly-bowling.htm</a>

# Autism Spectrum Disorder

http://home.bt.com/lifestyle/health/health-concerns/whats-the-difference-between-aspergers-and-autism-11364197046118

http://home.bt.com/lifestyle/health/health-concerns/whats-the-difference-between-aspergers-and-autism-1364197046118

### Dyslexia / Dyscalculia

10 Things You Need To Know When Your Child Is Diagnosed With Dyslexia

http://www.huffingtonpost.co.uk/debbie-abraham/10-things-you-need-to-

kno 17 b 17382398.html

Understanding Dyscalculia

https://www.understood.org/en/learning-attentionissues/child-learning-disabilities/dyscalculia/ understanding-dyscalculia

# Developmental Coordination Disorder (Dyspraxia) / Dysgraphia

What is dyspraxia? It's more than just clumsiness <a href="http://metro.co.uk/2017/03/10/what-is-dyspraxia-its-more-than-just-clumsiness-6496918/">http://metro.co.uk/2017/03/10/what-is-dyspraxia-its-more-than-just-clumsiness-6496918/</a>

Your writing, at its best

https://themighty.com/2017/07/improving-writing-skills-with-dysgraphia/



'Are we there yet?'—explaining ADHD science to children

https://medicalxpress.com/news/2017-07yetexplaining-adhd-science-children.html

#### **Tony Attwood**

### Psychologist, author and speaker Quote

"When the anger is intense, the person with Asperger's syndrome may be in a 'blind rage' and unable to see the signals indicating that it would be appropriate to stop. Feelings of anger can also be in response in situations where we would expect other emotions. I have noted that sadness may be expressed as anger."

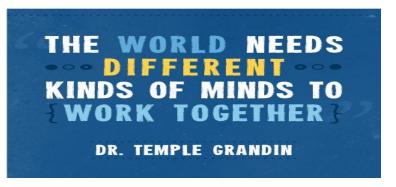
Reference: https://www.goodreads.com/author/show/4969670.Tony Attwood

### AUTISM, LIFE EXPERIENCES AND MENTAL HEALTH IN CHILDREN AGED 4-17

The Autism Research Centre would like to invite you to take part in an online questionnaire about vulnerability in the lives of children with and without autism. You will be asked to complete an anonymous survey about your child which includes questions about autistic traits, mood, life experiences and mental health. The survey will take to 30-40 minutes to complete.

To find out more and take part, click on the following link: <a href="http://cambridge.eu.qualtrics.com/jfe/form/SV">http://cambridge.eu.qualtrics.com/jfe/form/SV</a> e4cplNfCgw7JCbX

If you have any questions, please contact the study team on <a href="mailto:autism-vulnerability@medschl.cam.ac.uk">autism-vulnerability@medschl.cam.ac.uk</a>



### Participants Wanted

MSc students are conducting a survey about the "impact of social support on parent's perceptions of family quality of life with children on autism spetrum". Participants need to be caregivers of autistic people (e.g., parents). Participants are requested to complete a 5 minute online questionnaire.

Here is the link: <a href="https://lincolnpsych.eu.qualtrics.com/jfe/form/SV">https://lincolnpsych.eu.qualtrics.com/jfe/form/SV</a> OPp28Xb3oAdsNAp